LES CLINICAL RESOURCE

Supporting the Management of Leaky Legs

Products and technologies to support lymphorrhoea management

LYMPHOEDEMA
EDUCATION SOLUTIONS



INTRODUCTION

This guide brings together examples of products and technologies that may support clinicians managing lymphorrhoea in people living with lymphoedema and chronic oedema.

It is designed to be used alongside the LES article "**Supporting the Management of Leaky Legs: A Clinical Guide**", which provides detailed information about recognition, assessment, compression, dressings, skin protection, patient education and ongoing care.

This resource focuses on where products may fit within the pathway, from assessment and active management through to long-term oedema control.

USING THIS GUIDE

Product information is grouped under five functional areas:

- Assessment and monitoring
- Skin protection
- Dressings and leakage management
- Oedema reduction
- Ongoing oedema management

Selection should be based on comprehensive clinical assessment, current product information and individual patient needs.

RELATED LES RESOURCES

Clinical management: Supporting the Management of Leaky Legs: A Clinical Guide
https://lymphoedemaeducation.com.au/2025/09/leaky-legs-a-clinical-guide/

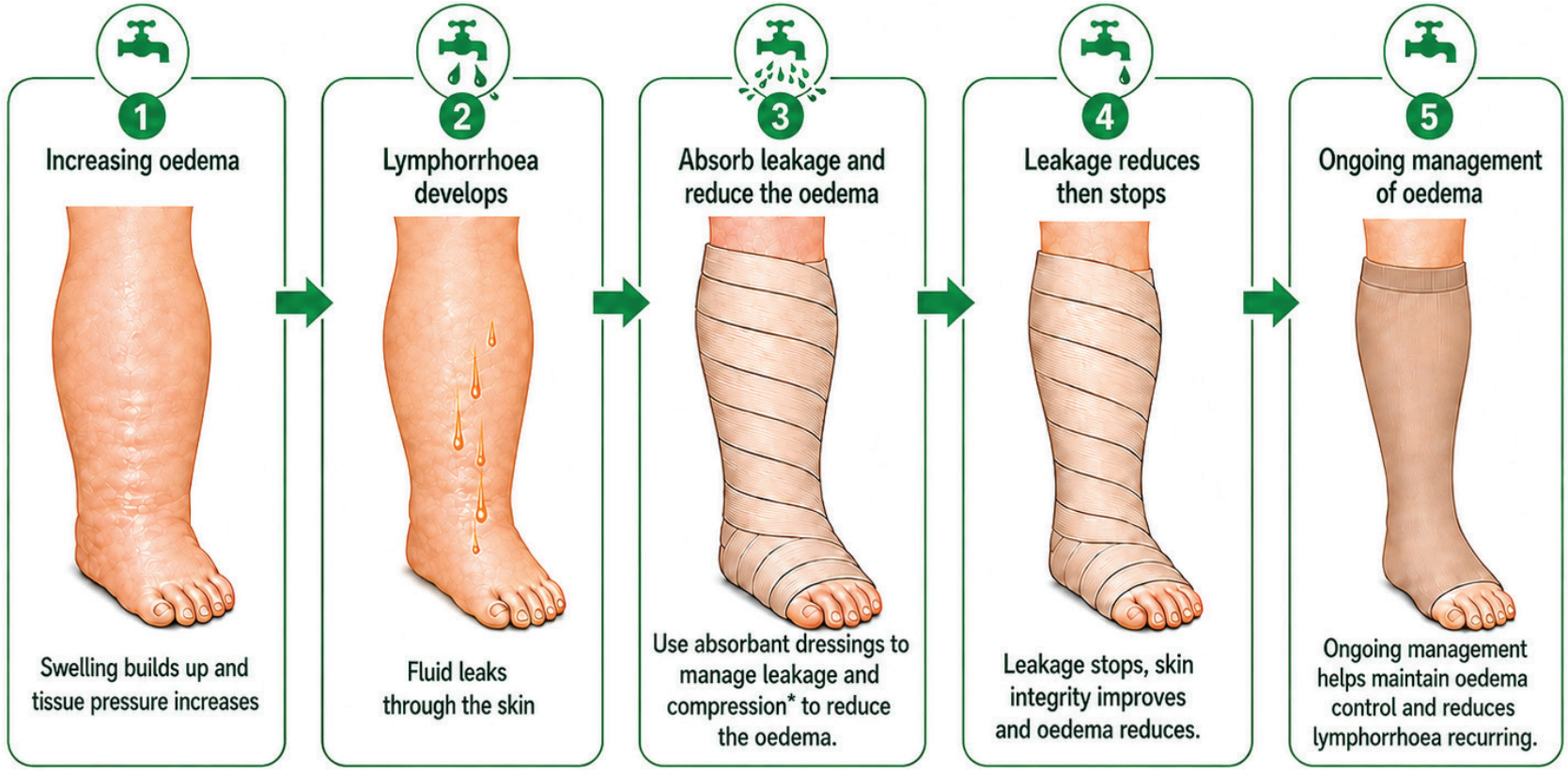
Compression garments: LES Lower Limb Compression Selection Guide
https://lymphoedemaeducation.com.au/2026/03/supporting-compression-therapy-in-practice/

Product specifications: Current manufacturer information

THE LYMPHORRHOEA MANAGEMENT PATHWAY

This pathway shows how products may support care as oedema progresses to lymphorrhoea, through active treatment and into ongoing oedema management. It provides a product-selection structure and does not replace clinical assessment or the detailed clinical guide.

Please note management should be undertaken by appropiately trained health professions working within their scope of practice.



PRODUCT SELECTION ACROSS THE PATHWAY

The clinical article provides the detailed assessment and management guidance. The summary below identifies the main product areas that may support each phase of care.

DURING ACTIVE LYMPHORRHOEA	AS LYMPHORRHOEA AND OEDEMA REDUCE	ONCE LYMPHORRHOEA HAS RESOLVED
• Low-profile, non-adherent and super absorbent dressings • pH-appropriate cleansers and skin-barrier products • Short-stretch compression bandaging or adjustable wraps • Assessment and monitoring technologies where clinically indicated • Sequential intermittent pneumatic compression as an adjunct when appropriate	• Review dressing absorbency and change frequency • Re-tension or adjust compression as limb volume changes • Monitor skin condition, limb volume, shape and tolerance • Step down dressing absorbency as leakage reduces • Consider the patient's ability to participate in self-management	• Long-term flat knit compression garments or adjustable wraps • Toe or night-time compression as required • Ongoing skin care and monitoring • Movement and elevation within the individual care plan • Early review if swelling, heaviness or leakage returns

KEY PRODUCT-SELECTION PRINCIPLES

- Treat the oedema causing the lymphorrhoea,.
- Avoid excessive dressing bulk beneath compression.
- Choose appropriate super absorbant dressing to manage the volumn of lymphorrhoea.
- Confirm vascular and medical suitability before compression.
- Check current availability and specifications with the supplier.

SAFETY AND SCOPE

This companion guide is intended to support product exploration and should be used alongside comprehensive assessment and individualised care planning.

- Appropriate vascular and medical assessment should be completed before commencing compression.
- Suspected cellulitis, acute deterioration or systemic symptoms require prompt medical review.
- Compression and dressing selection should be undertaken by appropriately trained health professionals working within their scope of practice.
- If lymphorrhoea assessment or management falls outside your scope of practice, consider referral to an ALA Accredited Lymphoedema Practitioner. **https://www.lymphoedema.org.au/accreditation-nlpr/find-a-practitioner/**
- Product availability, indications and instructions for use should be confirmed with the relevant supplier.

BUILD CONFIDENCE IN YOUR SKILLS WITH ACCREDITED LEVEL 1 TRAINING

Gain practical, evidence-based lymphoedema education focused on current best practice and hands-on learning.

Expand your knowledge, skills, and clinical reasoning through online self-paced learning, face-to-face workshops, and mentoring.

Apply new techniques immediately with confidence and enhance your ability to manage chronic oedema in the lower limb.

View upcoming courses and dates
lymphoedemaedu.com

INDUSTRY PARTNERS SUPPORTING LYMPHORRHOEA MANAGEMENT

LES industry partners provide products and technologies that may support different stages of lymphorrhoea assessment, active management and long-term oedema control.

ORGANISATION	ASSESSMENT AND MONITORING	SKIN PROTECTION	DRESSINGS AND LEAKAGE MANAGEMENT	OEDEMA REDUCTION	ONGOING OEDEMA MANAGEMENT
Essity	-	-	Antimicrobial dressings; absorbent dressings; superabsorbent dressings; debridement pad.	Short-stretch compression bandage systems; Short Stretch reusable compression bandages; Short-stretch wrap systems.	Circular knit RTW compression garments; Flat knit RTW compression garments; Custom made flat knit compression garments; custom made night garments*; Short-stretch wrap systems.
Haddenham Healthcare	LymphScanner® tissue water content assessment	-	-	EasyWrap® adjustable compression wraps, Lymph Flow Go IPC pump	Compression garments, wraps and night-time compression*, Lymph Flow Go IPC pump
Hartmann	-	Skin protection products within wound-management ranges	Zetuvit® Plus and other absorbent wound dressings	Compression bandage systems, IPC pump	-
Huntleigh	Doppler and vascular assessment systems	-	-	IPC pump	-
ImpediMed / Regional Health Care Group	SOZO® bioimpedance spectroscopy	-	-	-	-
Lohmann & Rauscher	Debridement: Debrisoft® Duo and Debrisoft® Lolly	Bandage protection; Rosidal® SC with skin protection layer (cotton) Tubular protection; tg® Tubular, tg® soft, Sama Frottee™	Superabsorbent wound dressings, Suprasorb® P Sensitive Border, Vliwasorb® Pro, Vliwasorb® Sensitive	Compression bandaging systems; Rosidal® short stretch bandage Adjustable compression wraps; ReadyWrap® (Day & Night), and Tribute® Wrap (Nighttime) – both with OTS and MTM options Fibrosis pads; SwellSpots™ Bandage Liner: Caresia™	Adjustable compression wraps*; ReadyWrap® (Day & Night), Tribute® Wrap (nighttime). Flat Knit; VENOSAN® Flat (MTM), and ExoStrong™ (OTS)*
medi Australia	-	Skin care products	-	Compression bandaging solutions; circaid® adjustable compression wraps	Compression garments and wraps*
Medi-Rent	-	-	-	Sequential intermittent pneumatic compression rental and access programs	Sequential intermittent pneumatic compression
OPC Health	-	-	-	Juzo® compression bandaging and adjustable wrap systems	Compression garments and wraps*
Solventum	-	Cavilon™ skin-barrier and protection products	3M Kerramax Care Super-Absorbent dressing	3M Coban 2 compression bandage systems	-

*For detailed information about compression garment types, clinical considerations, available configurations and participating suppliers, refer to the **LES Lower Limb Compression Selection Guide**.

Product areas are provided as a general guide and may not represent every product available from each organisation. Inclusion does not imply endorsement. Confirm current product availability and select products according to individual assessment, clinical guidance and local protocols.

SPONSORS

Thank you to our industry partners for supporting the development of this LES resource and ongoing clinical learning. Inclusion does not imply endorsement. Clinicians are encouraged to apply professional judgement in all aspects of patient care.

Essity
jobst.com.au

Haddenham Healthcare
hadhealth.com.au

Hartmann
hartmann.info/en-au/

Huntleigh
huntleigh-diagnostics.com

ImpediMed / Regional Health Care Group
impedimed.com

Lohmann & Rauscher Pty Ltd
lohmann-rauscher.com.au

medi Australia
mediaustralia.com.au

Medi-Rent
medirent.com.au

OPC Health
opchealth.com.au

Solventum
solventum.com

Phone: 0407 011 730
info@lymphoedemaeducation.com.au
View upcoming courses and dates at lymphoedemaedu.com

LYMPHOEDEMA
EDUCATION SOLUTIONS