

LES CLINICAL RESOURCE

Lipoedema Compression Selection Guide

Compression options to support clinical decision-making



INTRODUCTION

This LES guide brings together curated information, tools, and resources to support clinicians working with people living with lipoedema.

Developed in alignment with current educational themes and areas of clinical need, it is designed to support clinical reasoning, compression selection, and informed decision-making in everyday practice.

The resources included reflect contributions from industry partners alongside evidence-informed practice considerations, supporting clinicians to compare options, consider clinical indications, and apply learning within their own clinical context.

USING THIS GUIDE

The Lipoedema Compression Guide presents manufacturer-supplied listings of compression products commonly used in the management of lipoedema affecting the upper and lower limbs, including garments for post-surgical care.

Each participating company has provided information on off-the-shelf and custom-made garments, organised under consistent clinical headings to support comparison across product ranges. Listings reflect the manufacturers' own product classifications and intended clinical use.

Product information is grouped to assist navigation across common clinical presentations, including:

- **Flat Knit Garments** – Moderate to severe lipoedema, including anatomically shaped cut-and-sew garments (upper and lower limbs)
- **Cut & Sew** – Mild to severe lipoedema, anatomically shaped for limb or trunk involvement
- **Post-Surgical** – Temporary compression for pre- or post-operative care

This guide is intended to support clinical reasoning and product exploration alongside comprehensive assessment and individualised care planning. Clinicians are encouraged to consider patient presentation, comorbidities, functional needs, and tolerance when selecting compression therapy.







Available as an off-the-shelf option





Available as a custom made option

Company: Essity

Website: www.jobst.com.au







		Mild Lipoedema Flat Knit	Moderate/ Severe Lipoedema Flat Knit	Mild Lipoedema Cut & Sew	Moderate/ Severe Lipoedema Cut & Sew
Trunk					
		JOBST Confidence CCL 1-3: mild stiffness, cool & easy donning; various styles. JOBST Elvarex Soft CCL 1-3: mild-moderate stiffness, soft touch & easy donning; various styles.	JOBST Elvarex Soft CCL 1-3: mild-moderate stiffness, soft touch & easy donning; various styles.		
Upper Limb			JOBST Elvarex CCL 2: moderate-strong stiffness, high containment; armsleeves & gloves.		
		JOBST Confidence CCL 1-3: mild stiffness, cool & easy donning; armsleeves. JOBST Elvarex Soft CCL 1-3: mild-moderate stiffness, soft touch & easy donning; armsleeves & gloves.	JOBST Elvarex Soft CCL 1-2: mild-moderate stiffness; soft touch & easy donning; armsleeves, seamless gloves. JOBST Elvarex & Elvarex Plus CCL 1-2F: moderate to strong stiffness, high containment; various styles.		
Lower Limb		JOBST Elvarex Soft CCL 2-3: mild-moderate stiffness, soft touch & easy donning; knee high.	JOBST Elvarex Soft CCL 2-3: mild-moderate stiffness, soft touch & easy donning; knee high. styles.		
		JOBST Confidence CCL 1-3: mild stiffness, cool & easy donning; various styles. JOBST Elvarex Soft CCL 1-3: mild-moderate stiffness, soft touch & easy donning; various styles.	JOBST Elvarex Soft CCL 1-3: mild-moderate stiffness, soft touch & easy donning; various styles. JOBST Elvarex CCL 1-4S - moderate-strong stiffness, high containment, highly customisable.		

 Available as an off-the-shelf option

 Available as a custom made option

Company: Essity

Website: www.jobst.com.au

Post-Surgical		
Trunk		
		JOBST Confidence CCL 1-3: mild stiffness, cool & easy donning; various styles. JOBST Elvarex Soft CCL 1-3: mild-moderate stiffness, soft touch & easy donning; various styles.
Upper Limb		JOBST FarrowWrap Lite CCL 2 armpiece: mild to moderate stiffness; short-stretch; easy to apply, light & comfortable. JOBST FarrowWrap Lite CCL 2 gauntlet: mild to moderate stiffness; short-stretch; easy to apply, light & comfortable.
		JOBST Confidence CCL 1-3: mild stiffness, cool & easy donning; armsleeves. JOBST Elvarex Soft CCL 1-3: mild-moderate stiffness, soft touch & easy donning; armsleeves & gloves.
Lower Limb		JOBST FarrowWrap Lite CCL 2: mild to moderate stiffness; short-stretch; easy to apply, light & comfortable, adjustable; available in footpiece, legpiece, kneepiece & thighpiece. JOBST FarrowWrap Strong CCL 3: mild to moderate stiffness; short-stretch; easy to apply, light & comfortable, adjustable; available in footpiece, legpiece, kneepiece & thighpiece.
		JOBST Confidence CCL 1-3: mild stiffness, cool & easy donning; various styles. JOBST Elvarex Soft CCL 1-3: mild-moderate stiffness, soft touch & easy donning; various styles.

Top 3 Fitting Tips

1. Contact JOBST clinical representative for in-person garment measuring support & to stay in touch with upcoming workshops & webinars.
2. Consider the STRIDE framework for garment prescription.
3. Consider features such as layering, special garment options & circumference tensions for an optimal fit.

JOBST offers support for compression education & garment measuring skills, along with a commitment to find patients the best fitting garment possible. The JOBST Clinical Specialist Team are trained Lymphoedema Therapists who are passionate & committed, & will work alongside prescribers to achieve optimal patient outcomes.

Contact Information

Tamara Kreis
Brand Manager Compression, Australia & New Zealand
Ph: 0455 344 170
E: Tamara.Kreis@essity.com



Available as an off-the-shelf option





Available as a custom made option

Company: Haddenham Healthcare Australia

Website: www.hadhealth.com.au

		Mild Lipoedema Flat Knit	Moderate/ Severe Lipoedema Flat Knit	Mild Lipoedema Cut & Sew	Moderate/ Severe Lipoedema Cut & Sew
Trunk		MADE-TO-ORDER Pertex Light CCL 1 tights, footless tights Pertex CCL 2 tights or footless tights	Haddenham Made-to-Measure Flat Knit tights, footless tights, in Pertex CCL 2 or 3, or Goldpunkt CCL 2 or 3		
		Haddenham custom Flat Knit Garment (Class 1-2, 20-30mmHg) in Pertex Light, Pertex or Goldpunkt	Haddenham custom Flat Knit Garment (Class 2-3, 30- 40mmHg) in Pertex CCL2, Goldpunkt CCL 2 or 3. Customizable fasteners & special options to accommodate for unique body contours	Eto Grace Tights (20-30mmHg) Soft, supportive cut and sew option with a multiple fastening options, multiple length and footpiece options	Eto Grace Tights (20-30mmHg) Soft, supportive cut and sew option with a multiple fastening options, multiple length and footpiece options
Upper Limb		STOCK Haddenham Pertex Light CCL 1 c-g armsleeve			
		Haddenham Flat Knit Armsleeve (Class 1-2) Pertex Light, Pertex CCL 2 in multiple configurations with options of alternate fasteners	Haddenham Flat Knit Armsleeves in Pertex Light CCL 1, Pertex CCL 2. Allows for custom measures and additional considerations for fastening options		
Lower Limb		MADE-TO-ORDER Flat Knit Hosiery / Tights (Class 1-2) Pertex Light Thigh High and Tights, Pertex 2 Thigh High and Tights - Bridges shape transitions (inner knee bulge, tibial fat pad).	MADE-TO-ORDER Flat knit Hosiery/Tights in Pertex Light CCL 1, Pertex CCL 2 or Goldpunkt CCL 2 to assist with bridging & shaping tissues, to contour comfortably over joints and to allow for multiple fastening options for ease of donning		
		Flat Knit Hosiery / Tights in Pertex Light CCL 1 and Pertex CCL 2 with fully unique measurements, fastening options for ease of donning/doffing	Haddenham Flat Knit Hosiery / Tights in Pertex CCL 2 and Goldpunkt CCL 2 using unique measurements to assist with tissue shaping and contouring, along with the ability to include multiple options for fasteners and finishing points	Eto Grace Tights (20-30mmHg) Soft, supportive cut and sew option with a multiple fastening options, along with length options including footless and capri	Eto Grace Tights (20-30mmHg) Soft, supportive cut and sew option with a multiple fastening options, along with length options including footless and capri

 Available as an off-the-shelf option

 Available as a custom made option

Company: Haddenham Healthcare Australia

Website: www.hadhealth.com.au

		Post-Surgical
Trunk		MADE-TO-ORDER ETO Vest (H601/H603/H603L/400 / 401) - Adjustable containment; accommodates scar management needs. STOCK Comfiwave Abdominal Band/Shorts, 15-21mmHg
		ETO Vest (H601/H603/H603L/400/401) 20-30mmHg with customizable sizing and fasteners
Upper Limb		easywrap® Arm Wrap, 20-30mmHg (Full panel system) Firm, adjustable containment without tourniquet effect, moves with reduction phase. Comfiwave armsleve options (c-g armsleeve, armsleeve + mitten, glove and armsleeve) in 15-21mmHg. Able to recoil to configure to tissue reduction.
		easywrap® Arm Wrap (Full panel system) Firm, adjustable containment without tourniquet effect, adapts to body shaping in reduction phase due to adjustability. Haddenham Flat Knit Armsleeve in Pertex CCL 2 with the option for varied fastener selections
Lower Limb		Easywrap Lite or Strong (20-30mmHg or 30-40mmHg) below knee or thigh high option with footpiece if required and liners. Extenders available. Move with changes in body construct due to adjustability during reduction phase. Comfiwave 15-21mmHg below knee, thigh high, thigh +hip options. Able to recoil with tissue reduction
		Haddenham Flat Knit Hosiery (Class as indicated clinically) Transition from acute post-op to structured containment ETO Grace Leggings - Customisable shaping and fasteners for complex presentations. Easy wrap Lite or Strong (20-30mmHg or 30-40mmHg) below knee or thigh high with foot piece if required utilising custom measurements.

Top 3 Fitting Tips

1. Shape first, not just size – consider inner knee bulge, hooded knee, fatty cuff, jodhpur hip.
2. Containment over stretch – flat knit preferred where there are lobules or irregular transitions.
3. Consider comfort zones – groin width, genital pressure, fascia tightness and patient lifestyle factors.

Contact Information

Clinical enquiries: Clinical Team
Email: Clinical@hadhealth.com.au
Online Bookings: www.hadhealth.com.au/contact

Sales enquiries: Sales Team
Phone: +61 3 9544 5515
Email: Sales@hadhealth.com.au









Available as an off-the-shelf option





Available as a custom made option

Company: Lohmann & Rauscher

Website: www.lohmann-rauscher.com.au







		Mild Lipoedema Flat Knit	Moderate/ Severe Lipoedema Flat Knit	Mild Lipoedema Cut & Sew	Moderate/ Severe Lipoedema Cut & Sew
Trunk					
					
Upper Limb					
		VENOSAN Soft Flat Knit Ccl. 1 or 2, extremely soft, beige or black, low- med. stiffness. Latex-free VENOSAN Flat Knit Pro Ccl.2, smooth & durable, beige or black, medium stiffness	VENOSAN Soft Flat Knit Ccl. 3, ext. soft, beige or black, low-medium stiffness.. Latex-free VENOSAN Flat Knit Pro Ccl.3, smooth & durable, beige/black, medium stiffness		
Lower Limb		ExoStrong - 20-30mmHg compression level. Available in black or beige with silicone top			
		VENOSAN Soft Flat Knit Ccl. 2, extremely soft, beige or black, latex free, low- medium stiffness VENOSAN Flat Knit Pro Ccl.2, smooth & durable, beige or black, medium stiffness	VENOSAN Soft Flat Knit Ccl. 3, ext. soft, beige or black, low-medium stiffness.. Latex-free VENOSAN Flat Knit Pro Ccl.3, smooth & durable, beige/black, medium stiffness		

 Available as an off-the-shelf option

 Available as a custom made option

Company: Lohmann & Rauscher

Website: www.lohmann-rauscher.com.au

		Post-Surgical
Trunk		
		
Upper Limb		<p>VENOSAN - 4000 Climate Ccl.2 & 7000 Natural Cotton Ccl.2, both with Tactel</p> <p>ExoSoft - Compression garments available in black or beige in glove (QTR/ half/ full), gauntlet or armsleeve styles, latex-free</p> <p>ExoSoft - 20-30mmHg compression level. Available in black or beige in glove (QTR/ half/ full), gauntlet or armsleeve styles (with silicone top), latex-free</p>
		<p>VENOSAN - 4000 Climate Ccl.2 & 7000 Natural Cotton Ccl.2, both with Tactel</p> <p>VENOSAN Soft Flat Knit Ccl. 1 or 2, extremely soft, beige or black, low- med. stiffness, latex-free</p> <p>VENOSAN Flat Knit Pro Ccl.2, smooth & durable, beige or black, medium stiffness</p>
Lower Limb		<p>ExoStrong - 20-30mmHg compression level. Available in black or beige with silicone top</p> <p>VENOSAN 3000 Cotton Ccl. 2 (49% cotton); VENOSAN 4000 Climate Effect with Tactel Ccl.2; VENOSAN 6000 Classic Ccl.2; VENOSAN 5000 Silver with tactel and silver X-static Ccl. 2; VENOSAN 7000 Natural Touch with Tactel, cotton and Seacell Ccl.2</p>
		<p>VENOSAN 3000 Cotton ccl. 2 (49% cotton)</p> <p>VENOSAN 4000 Climate Effect with Tactel Ccl.2</p> <p>VENOSAN 5000 Silver with tactel and silver X-static Ccl. 2</p> <p>VENOSAN 7000 Natural Touch with Tactel, cotton and Seacell Ccl.2</p> <p>VENOSAN Flat Knit Soft, Pro or Strong Ccl. 2</p>

Top 3 Fitting Tips

1. Ensure the patient is measured on bare legs in the morning when the limbs are rested and swelling is at a minimum.
2. For below knee garments, the patient can be measured when sitting.
3. For videos on measuring, donning /doffing, visit www.lranz.com/VENOSANPlaylist

For more information, visit www.lranz.com/venosan

Contact Information

Lohmann & Rauscher Pty Ltd
 321 Ferntree Gully Road, Mount Waverley, Victoria 3149, Australia
 Customer Service: 1300 572 869

VENOSAN custom made 2 week turn around



Available as an off-the-shelf option









Available as a custom made option

Company: medi Australia

Website: www.mediaustralia.com.au

		Mild Lipoedema Flat Knit	Moderate/ Severe Lipoedema Flat Knit	Mild Lipoedema Cut & Sew	Moderate/ Severe Lipoedema Cut & Sew
Trunk					
Upper Limb		Mediven Esprit armsleeve CCL2 https://www.mediaustralia.com.au/products/mediven-mondi-esprit/			
		Mediven Esprit armsleeve or Bolero style. CCL1 or 2. https://www.mediaustralia.com.au/products/mediven-mondi-esprit/	Mediven Esprit or Mediven 550 armsleeve or bolero https://www.mediaustralia.com.au/products/mediven-mondi-esprit/ https://www.mediaustralia.com.au/products/mediven-550-arm/		
Lower Limb		Mediven Mondri knee high and thigh high, CCL 2, open toe, with or without silicone top band. Caramel colour. Low wall stiffness. Climacomfort & climafresh technology https://www.mediaustralia.com.au/products/mediven-mondi/	Mediven 550 knee high 8 sizes, open toe. Caramel colour. High wall stiffness. Climacomfort & climafresh to wick heat from skin & reduce pathogens harbouring in fabric. https://www.mediaustralia.com.au/products/mediven-550-leg/		
		Mediven Mondri or Mediven Cosy CCL 1 or 2. numerous options/features to improve comfort, fit and ease donning. Various colours and patterns available. Climacomfort & Climafresh https://www.mediaustralia.com.au/products/mediven-mondi/ or /mediven-cosy	Mediven Cosy or Mediven 550 CCL 2,3 or 4. Numerous options/features to improve comfort, fit and ease donning. Lateral seam to improve comfort sole of foot & knee. Colours & patterns https://www.mediaustralia.com.au/products/mediven-cosy/ or /mediven-550-leg		

		Post-Surgical
Trunk		Circaid Vest - entirely adjustable bodice garment to adapt to the contours and lengths required.. Inelastic Breath-o-ween material. Two sizes, (up to 180cm circumference), two lengths (up to 47cm). Can extend to the waist or lower. Moderate density foam pad to apply under the Circaid vest to focal areas for targetted support. https://www.mediusa.com/circaid-reduction-kit-vest/
		MTM Mediven Mondi (low stiffness flat knit) or Mediven Cosy - Medium stiffness with longitudinal stretch for better conformability. Available in RAL CCL 1,2 or 3. Suitable styles recommended: bermuda shorts (E-T, F-T), capri (C-T) or pantyhose (A-T), Additional features of zips to assist donning/doffing, open or closed gusset options, and waist options. Mediven cosy leg - https://www.mediaustralia.com.au/products/mediven-cosy/ Mediven Mondi leg https://www.mediaustralia.com.au/products/mediven-mondi/
Upper Limb		Mediven esprit C-G or A-G sleeve with shoulder cap 5 sizes, 2 lengths, 2 colours Mediven Esprit Arm - https://www.mediaustralia.com.au/products/mediven-mondi-esprit/ size guide: https://cdn.shopify.com/s/files/1/0329/5939/7933/files/mediven_esprit_Armsleeve_CG_-_Measuring_Chart_Added_Size_Z.png?v=1779944019
		MTM Mediven esprit C-G or A-G sleeve with shoulder cap, or Bolero RAL CCL 1 or 2. Numerous styles, features and colours available. Climacomfort and climafresh. https://www.mediaustralia.com.au/products/mediven-mondi-esprit/ Measuring for Bolero - https://vimeo.com/853363786/
Lower Limb		Mediven mondi knee high(AD) or high high (AG). RAL CCL2. 7 sizes, Standard and short lengths. Caramel colour, open toe. Climacomfort and climafresh for comfort https://www.mediaustralia.com.au/products/mediven-mondi/
		MTM Mediven Mondi (low stiffness flat knit) or Mediven Cosy - Medium stiffness with longitudinal stretch for better conformability. Available in RAL CCL 1,2 or 3. Several styles, eg, knee high A-D, thigh high A-G, pantyhose A-T. Numerous options and features, eg zips or velcro to assist donning/doffing, liners, colours and patterns. Mediven cosy leg - https://www.mediaustralia.com.au/products/mediven-cosy/ Mediven Mondi leg https://www.mediaustralia.com.au/products/mediven-mondi

Top 3 Fitting Tips

1. Consider client's functional ability, shape (folds, lobules and joints creases), pain and tissue tenderness when considering compression garment material, style and requirement for donning and doffing aid. Splitting the garment into multiple parts can assist donning, eg ankle and lower leg peice, or lower leg and upper leg pieces - (made to measure only). Consider risk of garment gathering, rolling, accumulating in folds, joints.
2. Use textile gloves to donn and doff for added grip and reduced risk of damage to garment. Apply the garment gradually along the limb, do not allow to gather as this induces pain and makes donning difficult.. Zips and Velcro closure can assist donning and doffing
3. Made to measure flat knit: measure circumference with legs on plinth variable tape tension, lengths measured standing. This URLshows measurment video's for Made to measure garments <https://vimeo.com/showcase/10636943>

Contact Information

Customer Services - (02) 9890 8696 or 1300 04 MEDI (6334) info@medi.au
Catalina Llanos Escobar - 0477 447 751 (NSW & ACT) catalina@medi.au
Jennifer (Jenny) Gilbert - 0477 034 655 (QLD,Vic,Tas,NT,SA,WA) jennifer@medi.au



Available as an off-the-shelf option









Available as a custom made option

Company: OPC Health

Website: www.opchealth.com.au

		Mild Lipoedema Flat Knit	Moderate/ Severe Lipoedema Flat Knit	Mild Lipoedema Cut & Sew	Moderate/ Severe Lipoedema Cut & Sew
Trunk				Cicatrex Contour Waistcoat – CL2; Sizes XS-XXL; black; zip with hook/eye closure Cicatrex Contour Jacket – CL2; sizes XS-XXXL; black; hook/eye closure; can trim length Cicatrex Panty girdle – CL2; sizes XS-4XL; black; zip with hook/eye closure (**links over page)	
		Juzo ScarComfort Pure Thorax vest – CL1,2; 8 colours; flatknit; any design possible https://www.opchealth.com.au/juzo-scarcomfort-pure	Juzo Expert Thorax vest – CL1,2; 8 standard colours plus 6 trend colours; any design possible; https://www.opchealth.com.au/juzo-thorax-compression-vests		LipoControl Trunk Garment – High containment with adjustability; Post-treatment support https://medfit.com.au/compression/lipocontrol
Upper Limb		Juzo Classic Seamless CG Sleeve – CL1,2; thin 3D seamless flatknit; sizes 1-6, max width available; colours: almond, sesame, black; balance microdot silicone band https://www.opchealth.com.au/juzo-classic-seamless-sleeve-cl2		Juzo Soft CG sleeves (circular knit) – CL1,2; sizes 1-6, max widths available; 8 standard colours plus trend colours; with or without silicone band Juzo USA Soft Signature Series Sleeve (circular knit) – CL1,2; sizes S-XL; 50 designs with matching gauntlets Juzo ScarPrime Light Sleeves (cut & sew) – 20-23mmHg; beige, black; sizes 1-5; can trim length (**links over page)	
		Juzo ScarComfort Pure – CL1,2; 8 colours; flatknit; any design possible https://www.opchealth.com.au/juzo-scarcomfort-pure	Juzo Expert Sleeve – CL1,2; 8 standard colours plus 6 trend colours; any design available; cotton and silver fabric also available https://www.opchealth.com.au/juzo-expert-sleeve		LipoControl Arm Wrap – Reduces pain during donning; Maintains therapeutic pressure https://medfit.com.au/compression/lipocontrol
Lower Limb		Juzo Classic Seamless Shorts/Capri/Leggings – thin seamless 3D flatknit; CL2; sizes 1-6; colours: almond, sesame, black; https://www.opchealth.com.au/juzo-classic-seamless-women-bermuda-shorts-cl2 https://www.opchealth.com.au/juzo-classic-seamless-capri-pants-cl2 https://www.opchealth.com.au/juzo-classic-seamless-leggings-cl2	Juzo ScarPrime Direct Shorts/Leggings – flatknit; 20-23mmHg; sizes 1-6; colour: beige, black https://www.opchealth.com.au/juzo-scarprime-direct-ft-women-bermuda-shorts https://www.opchealth.com.au/juzo-scarprime-direct-bt-women-leggings https://www.opchealth.com.au/juzo-scarprime-direct-et-women-bermuda-pants	Juzo Sensation Shorts/Capri/Pantyhose (circular knit) – CL1, micro massage fabric; sizes S-L Plus; up to 225cm hip circ; black, beige Juzo ScarPrime Light leggings – 20-23mmHg; beige, black; high waist with zip; can trim length Cicatrex Contour leggings – high and low waist versions; CL2; black; zip; can trim length (**links over page)	
		Juzo ScarComfort Pure - CL1,2; 8 colours; flatknit; any design possible for lower limbs https://www.opchealth.com.au/juzo-scarcomfort-pure	Juzo Expert - CL1,2; 8 standard colours plus 6 trend colours; any design available; cotton and silver fabric also available https://www.opchealth.com.au/juzo-expert-sleeve		LipoControl Leg Wrap – Reduces pain during donning; Maintains therapeutic pressure; Ideal for reduced mobility https://medfit.com.au/compression/lipocontrol

		Post-Surgical
Trunk		<p>Cicatrex Contour Waistcoat – CL2; Sizes XS-XXL; black; zip with hook/eye closure https://www.opchealth.com.au/cicatrex-contour-waistcoat</p> <p>Cicatrex Contour Jacket – CL2; sizes XS-XXXL; black; hook/eye closure; can trim length https://www.opchealth.com.au/cicatrex-contour-jacket</p> <p>Cicatrex Panty girdle – CL2; sizes XS-4XL; black; zip with hook/eye closure https://www.opchealth.com.au/cicatrex-contour-panty</p>
		<p>Juzo Expert Thorax vest – CL1,2; 8 standard colours plus 6 trend colours; any design possible; https://www.opchealth.com.au/juzo-thorax-compression-vests</p>
Upper Limb		<p>Juzo ScarPrime Light Sleeves (cut & sew) – 20-23mmHg; beige, black; sizes 1-5; can trim length https://www.opchealth.com.au/juzo-scarprime-light-sleeve Juzo ACS Light Arm wrap – 30-40mmHg; black or beige; sizes 1-5; https://www.opchealth.com.au/juzo-acs-light-arm-wrap Juzo Compression Wrap arm – 30-60mmHg; reversible black/beige design; sizes 1-5; https://www.opchealth.com.au/juzo-compression-arm-wrap Thuasne Biflex Self-Adjust arm wrap – 20-40mmHg; beige; sizes 1-6; https://www.opchealth.com.au/biflex-self-adjust-arm</p>
		<p>Juzo Expert Sleeve – CL1,2; 8 standard colours plus 6 trend colours; any design available; cotton and silver fabric also available https://www.opchealth.com.au/juzo-expert-sleeve</p>
Lower Limb		<p>Juzo ScarPrime Direct Shorts/Leggings – flatknit; 20-23mmHg; sizes 1-6; colour: beige, black Juzo ScarPrime Light leggings – 20-23mmHg; beige, black; high waist with zip; can trim length Cicatrex Contour leggings – high and low waist versions; CL2; black; zip; can trim length Juzo ACS Light Foot/Calf/Knee/Thigh wraps – 30-40mmHg; beige or black; sizes 1-5, 2 lengths Juzo Compression Wrap Foot/Calf/Knee/Thigh – 30-60mmHg; reversible black/beige design; sizes 1-5, 2 lengths, max width available Thuasne Biflex Self-Adjust Foot/Calf/Knee/Thigh wrap – 20-40mmHg; beige; sizes 1-4, 2 lengths; pressure indicator attached to wrap (**links over page)</p>
		<p>Juzo Expert – CL1,2; 8 standard colours plus 6 trend colours; any design available; cotton and silver fabric also available https://www.opchealth.com.au/juzo-expert-sleeve</p>

Top 3 Fitting Tips
<ol style="list-style-type: none"> 1. Measure accurately and both limbs – when measuring always measure both sides as limbs are often different and do not take circumferences in skin folds. 2. Match the garment style and fabric to the limb shape – consider circular knit or cut & sew garments for regular shaped limbs and flatknit garments for irregular shaped limbs and/or limbs with skin folds. Select fabrics with good containment but appropriate softness to avoid increased pain. 3. Prioritise comfort and donning ability – consider the clients goals and tolerance when prescribing garments, the 'best practice' solution is not always the best option for the client if they will not wear it.
<p>*** Links</p> <p>Cicatrex Contour Waistcoat: https://www.opchealth.com.au/cicatrex-contour-waistcoat</p> <p>Cicatrex Contour Jacket: https://www.opchealth.com.au/cicatrex-contour-jacket</p> <p>Cicatrex Panty girdle: https://www.opchealth.com.au/cicatrex-contour-panty</p> <p>Juzo Soft CG sleeves (circular knit): https://www.opchealth.com.au/juzo-soft-arm-sleeve-cl1</p> <p>Juzo USA Soft Signature Series Sleeve (circular knit): https://www.opchealth.com.au/juzo-usa-upper-extremity-prints</p> <p>Juzo ScarPrime Light Sleeves (cut & sew): https://www.opchealth.com.au/juzo-scarprime-light-sleeve</p> <p>Juzo Sensation Shorts/Capri/Pantyhose (circular knit); https://www.opchealth.com.au/juzo-sensation-shorts https://www.opchealth.com.au/juzo-sensation-capri-pants-15-20mmhg https://www.opchealth.com.au/juzo-sensation-pantyhose-15-20mmhg</p> <p>Juzo ScarPrime Light leggings: https://www.opchealth.com.au/juzo-scarprime-light-leggings-bt</p> <p>Cicatrex Contour leggings: https://www.opchealth.com.au/cicatrex-contour-leggings-high-waist https://www.opchealth.com.au/cicatrex-contour-leggings</p> <p>Juzo ScarPrime Direct Shorts/Leggings: https://www.opchealth.com.au/juzo-scarprime-direct-ft-women-bermuda-shorts https://www.opchealth.com.au/juzo-scarprime-direct-bt-women-leggings https://www.opchealth.com.au/juzo-scarprime-direct-et-women-bermuda-pants</p> <p>Juzo ScarPrime Light leggings: https://www.opchealth.com.au/juzo-scarprime-light-leggings-bt</p> <p>Cicatrex Contour leggings: https://www.opchealth.com.au/cicatrex-contour-leggings-high-waist https://www.opchealth.com.au/cicatrex-contour-leggings</p> <p>Juzo ACS Light Foot/Calf/Knee/Thigh wraps; https://www.opchealth.com.au/juzo-acs-light-calf-wrap</p> <p>Juzo Compression Wrap Foot/Calf/Knee/Thigh; https://www.opchealth.com.au/juzo-compression-calf-wrap</p> <p>Thuasne Biflex Self-Adjust Foot/Calf/Knee/Thigh wrap: https://www.opchealth.com.au/biflex-self-adjust-calf</p>

Contact Information	
<p>Off the Shelf Garments, Custom Jobst/Mobiderm and General Product Queries garments@opchealth.com.au 1300 672 937</p>	<p>Custom Juzo - Jenny Sayle jsayle@opchealth.com.au 02 9319 1955</p> <p>Clinical Advice Natalie Hadley (Compression Product Manager) 0431 840 361 nhadley@opchealth.com.au Abagtha Sardar (VIC/TAS Compression Sales) 0431 177 262 asardar@opchealth.com.au</p>

Sponsors

Thank you to our industry partners for supporting the development of this LES resource and ongoing clinical learning. Inclusion does not imply endorsement. Clinicians are encouraged to apply professional judgement in all aspects of patient care.



Essity
jobst.com



Haddenham Healthcare
hadhealth.com.au



Lohmann & Rauscher Pty Ltd
lohmann-rauscher.com.au



Medi
mediaustralia.com.au



OPC Health
opchealth.com.au



Phone: 0407 011 730
info@lymphoedemaeducation.com.au
View upcoming courses and dates at lymphoedemaedu.com

