

LES CLINICAL RESOURCE

# Head and Neck Compression Directory

Specialist garments and management tools for head and neck oedema



## INTRODUCTION

This LES directory brings together curated information, tools, and resources to support clinicians working with people living with head and neck oedema, including lymphoedema.

Developed in alignment with current educational themes and areas of clinical need, it is designed to support clinical reasoning, garment selection, and informed decision-making in everyday practice.

The resources included reflect contributions from industry partners alongside evidence-informed practice considerations, supporting clinicians to explore available compression garments and adjuncts and apply learning within their own clinical context.

## USING THIS GUIDE

The Head and Neck Compression Directory presents manufacturer-supplied listings of compression garments and adjuncts commonly used in the management of head and neck oedema, including lymphoedema.

Each participating company has provided information on available products, organised under consistent clinical headings to support comparison across options. Listings reflect the manufacturers' own product classifications and intended clinical use.

Product information is grouped to assist navigation across common clinical presentations, including:

- Face, head, and neck compression garments
- Post-surgical and adjustable compression systems
- Padding and compression adjuncts

This directory is intended to support clinical reasoning and product exploration alongside comprehensive assessment and individualised care planning. Clinicians are encouraged to consider patient presentation, treatment stage, tissue characteristics, tolerance, and functional needs when selecting compression and adjunctive supports.









Available as an off-the-shelf option



Available as a custom made option

Company: Essity

Website: www.jobst.com.au

		Compression Garments	Adjustable
Face			<b>JoViPak Chin Strap:</b> adjustable velcro fastenings, open neck seam to accommodate padding.
			
Head			
			
Neck			<b>JoViPak Chin Strap:</b> adjustable velcro fastenings, open neck seam to accommodate padding.
			

**Padding & Compression Adjuncts**

**JoViPak pads:** various shapes & sizes which can be applied to any affected part of the body where gentle pressure is needed; highly resilient shredded foam creating regional channelling of high & low pressure points in the skin & underlying tissue; Adjustable, re-usable & easy to apply; Neck Pad fits inside the Chin Strap, for bilateral head & neck oedema; Axilla Pad is placed against the chest wall & held in place by the Bellisse Bra or other garment; Lateral Pad fits inside the Bellisse Bra or other compression garments; Post-Lumpectomy Pad features a posterior extension, covering the affected breast & wrapping around the body to the spine.

**Top 3 Fitter Tips**

- Contact JOBST clinical representative for in-person garment measuring support & to stay in touch with upcoming workshops & webinars.
- Consider the STRIDE framework for garment prescription.
- Consider features such as layering, special garment options & circumference tensions for an optimal fit.

JOBST offers support for compression education & garment measuring skills, along with a commitment to find patients the best fitting garment possible. The JOBST Clinical Specialist Team are trained Lymphoedema Therapists who are passionate & committed, & will work alongside prescribers to achieve optimal patient outcomes.

**Contact**

Tamara Kreis  
 Brand Manager Compression, Australia & New Zealand  
 Ph: 0455 344 170  
 E: Tamara.Kreis@essity.com



Available as an off-the-shelf option



Available as a custom made option

Company: Haddenham Healthcare Australia

Website: www.hadhealth.com.au

		Compression Garments	Adjustable
Face		<b>ETO 201, 209</b> - Head and Neck straps – Class 2	<b>ETO 201, 202, 203, 206, 209</b> Head and Neck straps – Class 2
		<b>Eto Head &amp; Neck Strap (ETO 200, 201, 202, 203, 206, 209)</b> – Class 2; modular coverage extending into lower cheeks; adjustable closures	<b>ETO 201, 202, 203, 206, 209</b> Head and Neck straps – Class 2
Head		<b>Eto Head &amp; Neck Strap (ETO 200, 201, 202, 203, 206, 209)</b> – Class 2; modular coverage extending into lower cheeks; adjustable closures	<b>ETO 201, 202, 203, 206, 209</b> Head and Neck straps – Class 2
		<b>Eto Head &amp; Neck Garments (ETO 200, 201, 202, 203, 206, 209)</b> – tailored cranial and mandibular compression; adjustable fastening options	<b>ETO 201, 202, 203, 206, 209</b> Head and Neck straps – Class 2
Neck		<b>Comfiwave Neck</b> - Class 1 compression – submental and submandibular <b>ETO 201, 209</b> - Head and Neck straps – Class 2	<b>ETO 201, 209</b> - Head and Neck straps – Class 2
		<b>ETO 201, 209</b> - Head and Neck straps – Class 2	<b>ETO 201, 209</b> - Head and Neck straps – Class 2

### Padding & Compression Adjuncts

**Lymphpad (Dot or Wave)** – assists fibrosis management under compression  
 Spaghetti Foam – cut-to-size sheet for contouring irregular areas  
 K-Active Kinesiology Tape – supports lymphatic drainage  
 Klebi Skin Adhesive – maintains garment positioning

Special Options – Customisable Features

- Chin Pad
- Chin Pocket

### Top 3 Fitter Tips

1. Ensure the garment is snug but not restrictive – two fingers should fit comfortably under chin/neck straps.
2. Assess swallow, breathing, and cervical mobility before final adjustment.
3. Use foam inserts to improve pressure distribution over fibrotic or asymmetrical areas.

### Contact

Clinical enquiries: Clinical Team  
 Email: [Clinical@hadhealth.com.au](mailto:Clinical@hadhealth.com.au)  
 Online Bookings: [www.hadhealth.com.au/contact](http://www.hadhealth.com.au/contact)  
 Sales enquiries: Sales Team  
 Phone: +61 3 9544 5515  
 Email: [Sales@hadhealth.com.au](mailto:Sales@hadhealth.com.au)









Available as an off-the-shelf option



Available as a custom made option

Company: Lohmann & Rauscher

Website: www.lohmann-rauscher.com.au

		Compression Garments	Adjustable
Face		<p><b>SwellSpots</b> - Versi-Face Pad. Versatile pad designed for use around the eyes and under the chin.</p> <p><b>SwellSpots</b> - Curved Pad. Versatile pad designed for use around the eyes and behind the ear.</p>	<p><b>Tribute Wrap Head &amp; Neck</b> - Adjustable Variable compression foam garment. www.lranz.com/tributewrap www.lranz.com/tributeplaylist</p>
			<p><b>TributeNight Head and Neck</b> - Custom Adjustable Variable compression foam for Lymphoedema Garments for Evening &amp; Nighttime Therapy www.lranz.com/tributenight-measuring</p>
Head		<p><b>Swellspots</b> - Head and Neck Pad. Versatile pad designed for use on the face</p> <p><b>SwellSpots</b> - Curved Pad. Versatile pad designed for use around the eyes and behind the ear. www.lranz.com/swellspots</p>	<p><b>Tribute Wrap Head &amp; Neck</b> - Adjustable Variable compression foam garment. www.lranz.com/tributewrap www.lranz.com/tributeplaylist</p>
			<p><b>TributeNight Head and Neck</b> -Custom Adjustable Variable compression foam for Lymphoedema Garments for Evening &amp; Nighttime Therapy www.lranz.com/tributenight-measuring</p>
Neck		<p><b>SwellSpots</b> - Kidney Pad. Versatile pad designed for use at the neck.</p> <p><b>SwellSpots</b> - Versi-Face Pad.Versatile pad designed for use around the eyes and under the chin.www.lranz.com/swellspots</p>	<p><b>Tribute Wrap Head &amp; Neck</b> - Adjustable Variable compression foam garment. www.lranz.com/tributewrap www.lranz.com/tributeplaylist</p>
			<p><b>TributeNight Head and Neck</b> - Custom Adjustable Variable compression foam for Lymphoedema Garments for Evening &amp; Nighttime Therapy www.lranz.com/tributewrap www.lranz.com/tributenight-measuring</p>

### Padding & Compression Adjuncts

**Tribute Wrap Head and Neck Accessories** - Eye Pad, Lip Bridge Pad, Bow Tie Pad, Cheek Pad  
www.lranz.com/tributeplaylist

### Top 3 Fitter Tips

- For the Head & Neck garment with Tracheostomy accommodation, align the opening with the stoma to ensure airway is not covered.
- Care: L&R recommends all Tribute Wrap garments be washed and dried before the first extended use.
  - Machine wash in cold water - Do not dry clean.
  - Do not use fabric softener or bleach
  - Tumble dry low heat with other laundry items. Shorten drying time by pressing
- Apply the included Compression Straps in Tribute Wrap to the exterior of the garment to provide focussed tension.

### Contact

Lohmann & Rauscher Pty Ltd  
321 Ferntree Gully Road, Mount Waverley, Victoria 3149, Australia  
Customer Service: 1300 572 869

www.lranz.com/swellspots  
www.lranz.com/tributewrap



Available as an off-the-shelf option



Available as a custom made option

Company: medi Australia

Website: www.mediaustralia.com.au

		Compression Garments	Adjustable
Face			<b>circaid® Reduction Kit</b> for Head and/or Neck - can be adapted to support cheeks and mandible
Head			<b>circaid® Reduction Kit</b> for Head and/or Neck
Neck			<b>circaid® Reduction Kit</b> for Head and/or Neck

### Padding & Compression Adjuncts

#### TEC Pad - Textured Oedema Control Pad

- The TEC pad is a trim-to-fit foam pad with a textured design to help break down fibrotic tissue and control swelling.
- It is covered with Brrr® fabric that wicks heat, dries the skin and uses cooling minerals, to keep the skin cool and comfortable.
- The internal dense foam creates resistance to promote lymph drainage and softens tissue.

### Top 3 Fitter Tips

1. This is an entirely adaptable head and neck wrap for period of decongestion, be imaginative, individualise the wrap for your patient's needs
2. It is designed to be cut to fit, don't be shy!
3. Duration of use each day is individualised to patient needs and rate of response

### Contact

Customer Services - (02) 9890 8696 or 1300 04 MEDI (6334)  
 Catalina Escobar Llanos - 0477 447 751 (NSW & ACT) catalina@medi.au  
 Jennifer (Jenny) Gilbert - 0477 034 655 (QLD,Vic,Tas,NT,SA,WA) jennifer@medi.au



Available as an off-the-shelf option



Available as a custom made option

Company: OPC Health

Website: www.opchealth.com.au

		Compression Garments	Adjustable
Face		<p><b>Cicatrex Open Hood</b> – open face; white; can insert Mobiderm; <a href="https://www.opchealth.com.au/cicatrex-open-hood-white">https://www.opchealth.com.au/cicatrex-open-hood-white</a></p> <p><b>Cicatrex Partial Hood</b> – open face and back of head; white; can insert Mobiderm <a href="https://www.opchealth.com.au/cicatrex-partial-hood-white">https://www.opchealth.com.au/cicatrex-partial-hood-white</a></p>	
		<p><b>Juzo Expert Head Compression garment</b> – CL1; many designs available; 8 standard colours plus 6 trend colours <a href="https://www.opchealth.com.au/juzo-head-compression-garment">https://www.opchealth.com.au/juzo-head-compression-garment</a></p>	
Head		<p><b>Cicatrex Open Hood</b> – open face; white; can insert Mobiderm; <a href="https://www.opchealth.com.au/cicatrex-open-hood-white">https://www.opchealth.com.au/cicatrex-open-hood-white</a></p> <p><b>Cicatrex Partial Hood</b> – open face and back of head; white; can insert Mobiderm <a href="https://www.opchealth.com.au/cicatrex-partial-hood-white">https://www.opchealth.com.au/cicatrex-partial-hood-white</a></p>	
		<p><b>Juzo Expert Head Compression garment</b> – CL1; many designs available; 8 standard colours plus 6 trend colours <a href="https://www.opchealth.com.au/juzo-head-compression-garment">https://www.opchealth.com.au/juzo-head-compression-garment</a></p>	
Neck			
		<p><b>Juzo ScarComfort Pure Neckband</b> – available in any width, closure at back; many colours <a href="https://www.opchealth.com.au/juzo-scarcomfort-pure">https://www.opchealth.com.au/juzo-scarcomfort-pure</a></p>	

### Padding & Compression Adjuncts

**Mobiderm foam bandage** – complex foam padding to aid lymph drainage; 5mm blocks best for head/neck, available in 10cmx3m roll or sheet form; cut to any shape <https://www.opchealth.com.au/mobiderm-bandage>

**Juzo Soft Compress Roll or Sheet** – complex foam padding to aid lymph drainage; white; 100% cotton outer; available in 4 widths of rolls and sheets; cut to any shape <https://www.opchealth.com.au/juzo-soft-compress-compression-roll> <https://www.opchealth.com.au/juzo-soft-compress-sheet>

### Top 3 Fitter Tips

1. Versatile uses: these garments can be used to treat oedema in the head/neck and also provide compression for scar management
2. Ensure the closure around the neck is not too tight – you should be able to fit 2 fingers underneath the garment
3. Juzo provide a step-by-step measuring guide for taking custom head/neck garment measures

### Contact

Off the Shelf Garments, Custom Jobst/Mobiderm and General Product Queries  
[garments@opchealth.com.au](mailto:garments@opchealth.com.au)  
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 0431 177 262 [asardar@opchealth.com.au](mailto:asardar@opchealth.com.au)

# Sponsors

Thank you to our industry partners for supporting the development of this LES resource and ongoing clinical learning. Inclusion does not imply endorsement. Clinicians are encouraged to apply professional judgement in all aspects of patient care.



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[jobst.com](http://jobst.com)



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[hadhealth.com.au](http://hadhealth.com.au)



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OPC Health  
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