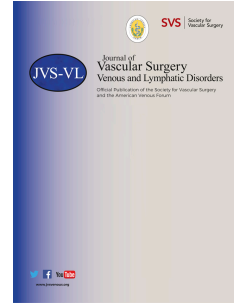


# Journal Pre-proof



Evaluation of Patient-Reported Outcomes in Over 10,000 patients Using Pneumatic Compression Therapy for Lower Extremity Lymphedema

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PII: S2213-333X(26)00108-3

DOI: <https://doi.org/10.1016/j.jvsv.2026.102548>

Reference: JVSV 102548

To appear in: *Journal of Vascular Surgery: Venous and Lymphatic Disorders*

Received Date: 6 December 2025

Revised Date: 2 May 2026

Accepted Date: 25 May 2026

Please cite this article as: A. Raiker, A. Raiker, S. Dean, A. Gasparis, N. Labropoulos, Evaluation of Patient-Reported Outcomes in Over 10,000 patients Using Pneumatic Compression Therapy for Lower Extremity Lymphedema, *Journal of Vascular Surgery: Venous and Lymphatic Disorders* (2026), doi: <https://doi.org/10.1016/j.jvsv.2026.102548>.

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1 Evaluation of Patient-Reported Outcomes in Over 10,000 patients Using Pneumatic  
2 Compression Therapy for Lower Extremity Lymphedema  
3 Running Short Title: Patient-Reported Outcomes with Pneumatic Compression Device Therapy  
4 for Lymphedema

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2 No funding was provided.

3 Presentation Information: Poster Presentation at the 2025 Venous Symposium, Evaluation of  
4 Patient Reported Device Usage, Satisfaction and Symptom Improvement with Pneumatic  
5 Compression Device Therapy; Stony Brook University Student Research Day Presentations

6 Article Highlights:

7 **Type of Research:** Retrospective Observational Study

8 **Key Findings:** Surveying 10, 543 patients receiving pneumatic compression device therapy for  
9 lower extremity lymphedema demonstrated high patient-reported satisfaction (85-94%) and  
10 symptom improvement (67%) with daily use. Clinical benefit rose with increased device usage  
11 and was stable over time. Comparable outcomes with 3-6 days/ week versus daily use supports  
12 its practicality.

13 **Take Home Message:** Pneumatic Compression Device therapy is a clinically beneficial  
14 treatment modality with high patient-reported satisfaction and symptom improvement warranting  
15 significant incorporation into treatment regimens for lower extremity lymphedema.

16 Table of Contents Summary

17 This survey-based observational study of 10, 543 patients with lower extremity lymphedema  
18 demonstrated high patient-reported satisfaction and symptom improvement with pneumatic  
19 compression device therapy. It was shown to be a practical treatment regimen with outcomes that  
20 improved with device usage and were sustained at 45 and 90 days.

21

## 1 Abstract

### 2 **Objective**

3 Lymphedema treatment varies from compression and manual lymphatic drainage to surgical  
4 measures. While compression demonstrates clinical benefit, poor adherence and dissatisfaction  
5 can contribute to treatment failure. This study aimed to assess patient-reported satisfaction,  
6 device usage, and symptom improvement with pneumatic compression device therapy.

### 7 **Methods**

8 This online survey-based study design ranged from 1/1/2024-12/31/2024 with 35, 522 invitations  
9 delivered without incentive to respond. Patients with lower extremity edema prescribed a  
10 medical pneumatic compression device and within the company database were included. Patients  
11 with multiple or different devices over the study time period were excluded. Surveys were  
12 administered in English or Spanish at 45 and 90 days, encompassing satisfaction with the device,  
13 device usage, and symptom improvement based on a predetermined list of symptoms. Questions  
14 were graded on a Likert scale of 1-5 with 5 representing complete agreement or extreme  
15 satisfaction.

### 16 **Results**

17 After exclusions were made, survey data from 10,543 (30%) patients was analyzed. Participants  
18 had a mean age of  $69.8 \pm 11.8$  years with 64% female and 92% with bilateral lymphedema. At 45  
19 days, patients reported high device satisfaction in all categories: overall satisfaction, ease of use,  
20 functionality, quality, and reliability. Satisfaction across all categories improved as device  
21 frequency increased from less than once a week (48-77%) to 1-2 days a week (70-91%) to daily  
22 (85-94%) for Likert 4 and 5,  $p < 0.0001$ . Furthermore, patient-reported symptoms and ability to

1 perform activities improved with increased device usage as well from less than once a week  
2 (34%), to 1-2 days a week (53%), to everyday use (67%) for Likert 4 and 5  $p < 0.0001$ . There was  
3 minimal additional benefit for both satisfaction and symptom improvement, when comparing 3-6  
4 days/ week versus daily use. With daily use, most reported improvement in swelling (58%),  
5 heaviness (34%), and pain (25%). Comparing 45- and 90-day timepoints, across all satisfaction  
6 categories, the responses stayed the same for 85-92% of patients (73-88% of which were already  
7 Likert 4-5), decreased for 4-8% and increased for 3-7%. For device usage, responses stayed the  
8 same for 74%, decreased for 19% and increased for 7%. For symptom improvement, responses  
9 stayed the same for 78% (56% of which were already Likert 4-5), decreased for 10% and  
10 increased for 13%.

## 11 **Conclusion**

12 Patient-reported satisfaction and symptom improvement with pneumatic compression therapy  
13 was high and improved with higher device usage. The highest improvement was in reduction in  
14 swelling, heaviness and pain. Outcomes remained stable comparing 45 to 90 days.

15 Key Words: Lymphedema, Pneumatic Compression Device, Patient Reported Outcomes, Patient  
16 Satisfaction, Treatment Compliance

17 Conflicts of Interest: SD and AG are consultants for Tactile Medical. NL, AR and AR have no  
18 relevant conflicts of interests to declare.

19

20

21

## 1 Introduction

2 Lymphedema is an incurable debilitating condition managed with multi-modality treatments  
3 from compression and manual lymphatic drainage to surgery<sup>1 2</sup>. It poses a significant burden to  
4 both patients and healthcare systems given its longitudinal treatment course, innumerable  
5 hospitalizations, and high expenditure<sup>3</sup>. Compression remains the cornerstone of treatment for  
6 lymphedema and is a major component of the standard, complex decongestive therapy (CDT)<sup>2</sup>.  
7 Pneumatic compression devices (PCD) have emerged as an effective aid for the home  
8 maintenance phase of CDT and have evolved from single chamber versions to advanced  
9 iterations that use pressure modulation and sequential compressions to model manual lymphatic  
10 therapy<sup>2,4</sup>. While literature on lower extremity PCD use is limited, its use is recommended in  
11 select patient populations by the Lymphedema Framework and American Venous Forum clinical  
12 practice guidelines<sup>5</sup>. A large prospective study demonstrated significant reductions in lower limb  
13 volumes in 90% of patients and improved quality of life<sup>4</sup>. Another clinical trial further  
14 demonstrated success in reducing ulceration, cellulitis, hospital admissions and resource usage<sup>3</sup>.  
15 PCD success can be attributed to various mechanisms including reduction of venous reflux,  
16 improved calf muscle contractility, and increased lymphatic propulsion<sup>4</sup>. Patient non-adherence  
17 remains a major cause for treatment failure with adherence rates widely ranging from 28% to  
18 69%<sup>6</sup>. Uncomfortable devices, 1hour duration of therapy, limitations on activities of daily living,  
19 financial constraints, and limited patient education are all contributing factors to low adherence  
20 and treatment failure<sup>6</sup>.  
21 In recent times, the value of patient-reported outcomes to optimize treatment has become  
22 increasingly evident<sup>7</sup>. Metrics to evaluate lymphedema treatment such as reasons for non-  
23 adherence, satisfaction, severity of symptoms (e.g. swelling, heaviness), ease of device use and

1 quality of life can often be subjective <sup>7</sup>. Patient-reported data can reveal discrepancies between  
2 treatment expectations and progression, challenges in balancing cost and effectiveness, and  
3 identify inadequately addressed needs <sup>7</sup>. However, there is currently a gap in patient-reported  
4 data for PCD use that is limiting both the creation of optimal treatment plans, as well as adequate  
5 insurance coverage <sup>3,8</sup>.

6 Thus, this retrospective study aimed to evaluate the clinical benefit of pneumatic compression  
7 device therapy for lymphedema utilizing patient-reported outcomes. Specifically, the study  
8 investigated the Tactile Medical pneumatic compression devices (Flexitouch and Entre Plus)  
9 with respect to frequency of device usage, satisfaction and symptom improvement.

10

#### 11 Materials and Methods:

12 This study was conducted with survey design from 1/1/2024-12/31/2024 to evaluate patient  
13 usage, symptom improvement and satisfaction with pneumatic compression device therapy.

#### 14 *Subject Population*

15 Patients that were prescribed a Tactile Medical pneumatic compression device by an  
16 independent, private provider in the United States were included in this study. Inclusion criteria  
17 included patients with an e-mail address on the company customer relationship management  
18 system, an active Territory Account Manager, and who were shipped a Tactile Medical  
19 pneumatic compression device in the previous 45 or 90 days.

#### 20 *Data Collection*

1 Patients were sent a link by email to a descriptive survey managed on an online Medallia  
2 Experience Cloud platform. Medallia is an independent enterprise experience platform that helps  
3 companies capture and analyze patient feedback. Surveys were sent both 45 days and 90 days  
4 after the device shipment dates. If no response was received, a reminder email was sent 3 days  
5 later. Surveys were administered English and Spanish, with English as the default and the survey  
6 window stayed active for 14 days post email.

7 *PHI/Consent:*

8 Patient consent was captured when patients completed a consent form and provided their contact  
9 information. Patients reviewed the consent form which provided Tactile Medical's Notice of  
10 Privacy Practices and the Privacy Statement available on the company website. The Privacy  
11 Statement outlined how patient health information is used and disclosed for research purposes:  
12 "We may use your information for research related to the products and services provided by  
13 Tactile Medical. For example, we may evaluate the number of patients using our products with a  
14 specific clinical diagnosis. If we use or disclose your information for research, your information  
15 will be de-identified to ensure you will not be identifiable."

16 Patients were informed of their rights as well through these documents. Medallia's privacy  
17 policy was provided on the invitation and reminder emails. Patients could opt out of surveys at  
18 any time utilizing the link in the email.

19 Patient health information was protected through several methods. Patient health information  
20 was transmitted to Medallia, through secure files. Medallia security is compliant with GDPR,  
21 CCPA, HIPAA as well as HITRUST, CBPR and PRP certified. Medallia also holds SOC 2 Type  
22 II platform compliance. Data centers have common security practices including 24/7-manned

1 guards, biometric access controls, and closed-circuit video. A business associate agreement was  
2 executed between Tactile Medical and Medallia.

### 3 *Survey Instrument*

4 The emailed survey was created at Tactile Medical based on the needs of the organization. The  
5 survey consisted of 9 clinical questions with varying response types including, Likert scales 1-5,  
6 open text, single selection, and multiple selection.

7 The domains evaluated through the survey were satisfaction of the device (overall, ease of use,  
8 functionality, quality, reliability), reported adherence to prescribed therapy, and reported  
9 symptom improvement.

### 10 *Statistical Analyses*

11 The analyses presented are generally exploratory in nature, as there is no pre-specified statistical  
12 analysis plan.

13 Continuous variables are presented as means, standard deviations and 95% confidence intervals.

14 Categorical variables are presented as per level counts, percentages and 95% confidence  
15 intervals using the Wilson Score method.

16 Associations between patient survey Likert (1 – 5) responses and device usage, for combined  
17 Likert values of 4 - 5 (favorable responses) versus 1 - 3 (unfavorable to neutral responses) as two  
18 derived groups, are assessed using chi-square tests.

19 For patients with survey responses at both 45-days and 90-days, comparisons of paired survey  
20 response changes between the two timepoints are assessed using non-parametric tests for the  
21 three derived ordinal values of decreased, no change and increased.

- 1 Missing data are not imputed, and all results are reported on the available data only.
- 2 Two-sided p values of  $\leq 0.05$  are used to reject the null hypothesis.
- 3 All data processing, summarization, and analyses are performed using R Version 4.4.3 or higher.
- 4 R Core Team (2025). R: A Language and Environment for Statistical Computing. R Foundation
- 5 for Statistical Computing, Vienna, Austria. <https://www.R-project.org/>.
- 6 Data analysis was conducted independently and without any influence from the device
- 7 manufacturer. No IRB approval was necessary given it was a survey-design study.

## 8 Results

### 9 *Study Group*

10 From the study range of 1/1/2024-12/31/2024, 35522 surveys were successfully delivered, with  
11 10749 responses received. 10,543 (30%) patients were analyzed after exclusions were made  
12 (Figure 1). Patients had a mean age of 69.8 +/-11.8 years with 64% being females and 92%  
13 diagnosed with bilateral lymphedema.

### 14 *45- day Outcomes*

15 Patients reported high satisfaction with the device overall, including its ease of use, functionality,  
16 quality, and reliability (Table I). Satisfaction was directly proportional to the frequency of device  
17 usage. Satisfaction across all categories rose as usage increased from less than once a week (48-  
18 77%) to 1-2 days a week (70%-91%) to 3-6 days a week (77%-93%) to daily (85-94%) for Likert  
19 4 and 5 combined,  $p < 0.0001$ . Increasing usage from 3-6 days a week to daily use offered  
20 minimal additional benefit overall (Figure 2).

21

1 Patients reported high levels of symptom improvement and ability to perform normal activities  
2 (Table II). It similarly improved with increased frequency of device usage from less than once a  
3 week (34%), to 1-2 days a week (53%), 3-6 days a week (63%) to everyday use (67%) for Likert  
4 4 and 5  $p < 0.0001$ . Increasing usage from 3-6 days a week to daily use offered no real benefit  
5 (Figure 3). Amongst patients who used the device daily, most patients reported symptom  
6 improvement in reduction of swelling (58%), heaviness (34%), and pain (25%) (Table III). All  
7 three improved with device usage from less than once a week (22%, 12% and 12%) to daily use  
8 (58%, 34%, 25%) respectively ( $p < 0.0001$ ).

9 Several other characteristics improved with increased device use from less than once a week to  
10 daily use. Ability to walk long distances and stand for long periods of time improved from 9%  
11 and 7% to 19% and 20% respectively ( $p < 0.0001$ ). Ease of wearing compression garments also  
12 increased from 7% to 21% ( $p < 0.0001$ ). Finally, patient self-image rose from 1% to 11%  
13 ( $p < 0.0001$ ).

14 Most patients (61%) reported daily usage of the device, whereas 28% reported 3-6 days/ week,  
15 6% reported 1-2 days/week and 1% reported less than once a week at the 45-day timepoint  
16 ( $n=7524$ ).

### 17 *Comparing 45 and 90- day Outcomes*

18 Patients were surveyed again at 90 days to assess change in outcomes over time and were  
19 compared to 45 days. Across all satisfaction categories, the responses stayed the same for 85-  
20 92% of patients (73-88% of which were already Likert 4-5), decreased for 4-8% and increased  
21 for 3-7%. For change in how often the device was used, responses stayed the same for 74%,  
22 decreased for 19% and increased for 7% (Figure 4).

1 For symptom improvement and ability to perform normal activities, responses stayed the same  
2 for 78% (56% of which were already Likert 4-5), decreased for 10% and increased for 13%  
3 (Figure 4). The significant improvement in swelling, heaviness and pain at 45- days stayed the  
4 same for 73%, 75%, and 79% respectively.

5 Patient ability to walk longer distances or stand for longer periods of time stayed the same for  
6 82% and 80% respectively. Ease of wearing garments was unchanged for most patients (79%).  
7 Finally, patient self-image stayed the same for 89%.

8

## 9 Discussion

10 This lower extremity lymphedema patient population revealed high satisfaction across  
11 various categories and significant symptom improvement with PCD usage. Most of the study  
12 population was made up of middle aged-older females with bilateral lower extremity  
13 lymphedema which aligns with the predominant demographic impacted by lymphedema <sup>4, 8, 9</sup>.  
14 Multiple studies have demonstrated significant benefits to PCD use for lower extremity  
15 lymphedema with improvements in objective outcomes of limb girth, cellulitis, hospitalizations,  
16 resource usage, ulcerations, and quality of life <sup>3, 4, 10</sup>. This study aimed to expand upon this  
17 literature with a sole focus on patient-reported outcomes.

18 Patients reported a high-level of satisfaction with the device overall, including its ease of  
19 use, functionality, quality, and reliability at both 45-days and 90-days. It is critical to assess such  
20 subjective patient-reported outcomes, as even small changes in objective metrics like limb  
21 volume reduction can result in large changes in subjective quality of life and vice versa <sup>4</sup>. Other  
22 studies utilizing patient-reported metrics to assess advanced PCD outcomes have similarly

1 reported high patient satisfaction rates reaching 96% and significantly higher quality of life  
2 scores over one year<sup>3,4</sup>. Ease of use for PCD therapy was also reported to be high (86%) in a  
3 survey-based study on phlebolymphe<sup>8</sup>. Given that high satisfaction is a major contributor  
4 to high adherence rates, which in turn leads to treatment success, these findings highlight the  
5 substantial advantage to incorporating a PCD in longitudinal lymphedema therapy<sup>8</sup>.

6 Furthermore, patient satisfaction significantly rose with increased frequency of device  
7 use from less than once a week (48-77%) to 3-6 days a week (77-93%), Likert 4 and 5 combined,  
8 incentivizing the frequent usage of pneumatic compression devices. Most patients in this study  
9 used the device daily (61%), compared to the widely ranging adherence rates of 28-69% reported  
10 in the literature<sup>6</sup>. However, as frequency of device use rose from to 3-6 days a week (77-93%) to  
11 daily (85-94%) use, there was minimal improvement observed in patient satisfaction overall  
12 (Likert 4 and 5 combined). While data is limited on optimal dosing and frequency of PCD use,  
13 this study finding suggests a potential plateauing of optimal response achievement at 3-6  
14 days/week that should be explored further<sup>11</sup>.

15 Patients reported significant symptom improvement and ability to perform daily activities  
16 while using the PCD that improved with increased device usage from less than once a week  
17 (34%) to 3-6 days a week (63%) Likert 4 and 5 combined. Most subjects reported improvement  
18 in swelling (58%), heaviness (34%), and pain (25%) with daily use. An observational study  
19 assessing patient-centered outcomes (n=52 patients) with advanced PCD usage for  
20 phlebolymphe<sup>8</sup> also reported significant improvements in swelling (91%) and pain (86%),  
21 both major symptoms that would otherwise result in poor function in these patients<sup>8</sup>. Minimal  
22 additional benefit was derived from utilizing the device 3-6 days a week (63%) vs daily (67%).

1 Patient satisfaction (85-92%), device usage (74%) and symptom improvement (78%)  
2 trends remained the same for the majority of patients when comparing 45-day and 90-day  
3 timepoints. Thus, all measured outcomes in this study were achieved by 45-days and were  
4 sustained over time.

5 Limitations of this study include its inherent survey-based design that may introduce  
6 response bias into the sample such as toward satisfied users. Given both device usage and  
7 outcomes were self reported, it may introduce susceptibility to common method bias and reverse  
8 causation. Data was not available on patients who did not complete the survey and there may be  
9 a degree of non-response bias. It was also limited to patients who had active territory account  
10 managers and emails, recruiting more engaged patients. Furthermore, it has a 30% response rate  
11 although this is in the higher rate of survey returns. The survey itself was also not validated,  
12 although it had components similar to others. Statically, the likert scale was analyzed by  
13 dichotomizing it into 1-3 and 4-5 to make clinically meaningful comparisons but it could  
14 inadvertently introduce potential inflation of effects. Our outcomes were focused on patient-  
15 reported subjective rather than objective measures. Although noted, no direct adjustment was  
16 made in this study for factors such as disease severity, etiology, BMI, and could be assessed in  
17 future studies. Finally, the questionnaire was exclusively administered to outpatients using  
18 devices from a single manufacturer.

19

## 20 Conclusion

21 Overall, pneumatic compression device therapy offered safe and substantial benefit in the  
22 treatment of lower extremity lymphedema when evaluated via patient-reported outcomes. It

1 demonstrated a high satisfaction with the device overall, including its ease of use, functionality,  
2 quality, and reliability. Symptom improvement, especially of swelling, heaviness and pain, was  
3 also high. Both satisfaction rates and symptom improved increased with device usage,  
4 underscoring the importance of patient adherence to treatment. Considering the time and burden  
5 of PCD usage, the observation of therapeutic equipoise achieved with only 3 to 6 days/week  
6 versus daily use is novel and warrants further clinical evaluation. These clinical benefits were  
7 achieved as early as 45-days and maintained through 90 days. This study advocates to  
8 incorporating a PCD into lymphedema treatment algorithms, expanding of insurance coverage  
9 for home-based therapy, and future studies investigating their optimal frequency of usage.

10

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## Tables

Table I

Patient-reported satisfaction with pneumatic compression device use across various categories including reliability, quality, functionality, ease of use and overall satisfaction measured on a Likert Scale of 1- 5 at the 45- day timepoint (n=7552 patients).

| <b>Patient Response Summary</b> | <b>Number of Patients</b> |
|---------------------------------|---------------------------|
| <b>Overall Satisfaction</b>     |                           |
| Mean +/- SD (CI)                | 4.4 +/- 0.9 (4.4, 4.4)    |
| Likert Scale Responses (% [CI]) |                           |
| 1                               | 187 (2.5% [2.1, 2.9])     |
| 2                               | 179 (2.4% [2.1, 2.7])     |
| 3                               | 610 (8.1% [7.5,8.7])      |
| 4                               | 1884 (24.9% [24.0, 25.9]) |
| 5                               | 4692 (62.1% [61.0, 63.2]) |
| <b>Ease of Use</b>              |                           |
| Mean +/- SD (CI)                | 4.2 +/- 1.0 (4.2, 4.2)    |
| Likert Scale Responses (% [CI]) |                           |
| 1                               | 258 (3.4% [3.0, 3.9])     |
| 2                               | 315 (4.2% [3.7, 4.6])     |
| 3                               | 1007 (13.3% [12.6, 14.1]) |
| 4                               | 2050 (27.1% [26.2, 28.2]) |
| 5                               | 3922 (51.9% [50.8, 53.1]) |

|                                 |                           |
|---------------------------------|---------------------------|
| <b>Functionality</b>            |                           |
| Mean +/- SD (CI)                | 4.4 +/- 0.9 (4.4, 4.5)    |
| Likert Scale Responses (% [CI]) |                           |
| 1                               | 183 (2.4% [2.1, 2.8])     |
| 2                               | 157 (2.1% [1.8, 2.4])     |
| 3                               | 576 (7.6% [7.0, 8.2])     |
| 4                               | 1881 (24.9% [23.9, 25.9]) |
| 5                               | 4755 (63% [61.9, 64.0])   |
| <b>Quality</b>                  |                           |
| Mean +/- SD (CI)                | 4.6 +/- 0.8 (4.5, 4.6)    |
| Likert Scale Responses (% [CI]) |                           |
| 1                               | 136 (1.8% [1.5, 2.1])     |
| 2                               | 105 (1.4% [1.1, 1.7])     |
| 3                               | 405 (5.4% [4.9, 5.9])     |
| 4                               | 1594 (21.1% [20.2, 22.0]) |
| 5                               | 5312 (70.3% [69.3, 71.4]) |
| <b>Reliability</b>              |                           |
| Mean +/- SD (CI)                | 4.6 +/- 0.8 (4.6, 4.6)    |
| Likert Scale Responses (% [CI]) |                           |
| 1                               | 153 (2.0% [1.7, 2.4])     |
| 2                               | 89 (1.2% [1.0, 1.4])      |
| 3                               | 432 (5.7% [5.2, 6.3])     |
| 4                               | 1502 (19.9% [19.0, 20.8]) |

|   |                           |
|---|---------------------------|
| 5 | 5376 (71.2% [70.2, 72.2]) |
|---|---------------------------|

SD: Standard Deviation. (CI): 95% Confidence Interval. [CI]: 95% Confidence Intervals (Wilson Method). Likert scale data is represented as the number of patients (% [CI]). Likert Scale is on a scale of 1-not at all satisfied to 5- extremely satisfied.

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**Table II**

Patient-reported symptom improvement and/or overall ability to perform normal activities with pneumatic compression device measured on a Likert Scale of 1- 5 at the 45- day timepoint (n=7450 patients).

| <b>Patient Response Summary</b> | <b>Number of Patients</b> |
|---------------------------------|---------------------------|
| Mean +/- SD (CI)                | 3.8 +/- 1.2 (3.8 3.8)     |
| Likert Scale Responses (% [CI]) |                           |
| 1                               | 473 (6.3% [5.8, 6.9])     |
| 2                               | 427 (5.7% [5.2, 6.3])     |
| 3                               | 1887 (25.3% (24.4, 26.3)) |
| 4                               | 2087 (28.0% [27.0, 29.0]) |
| 5                               | 2576 (34.6% [33.5, 35.7]) |

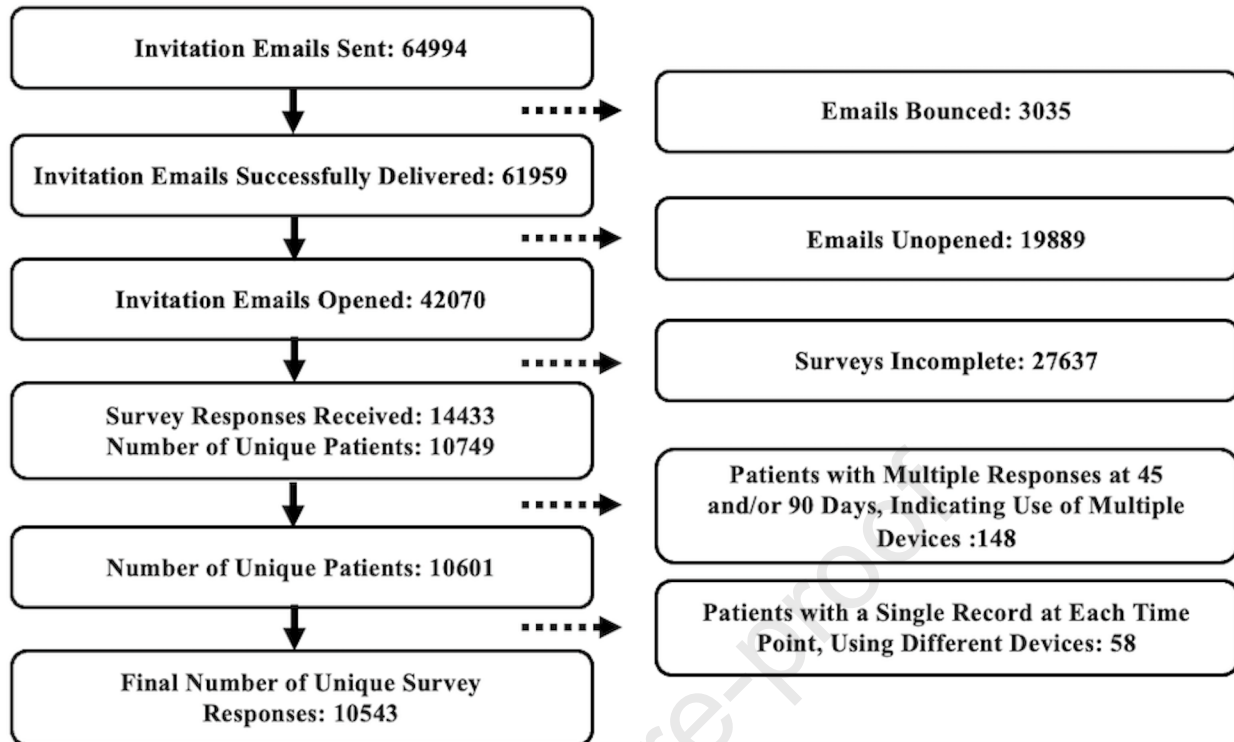
SD: Standard Deviation. (CI): 95% Confidence Interval. [CI]: 95% Confidence Intervals (Wilson Method). Likert scale data is represented as the number of patients (% [CI]). Likert Scale is on a scale of 1-not at all satisfied to 5- extremely satisfied.

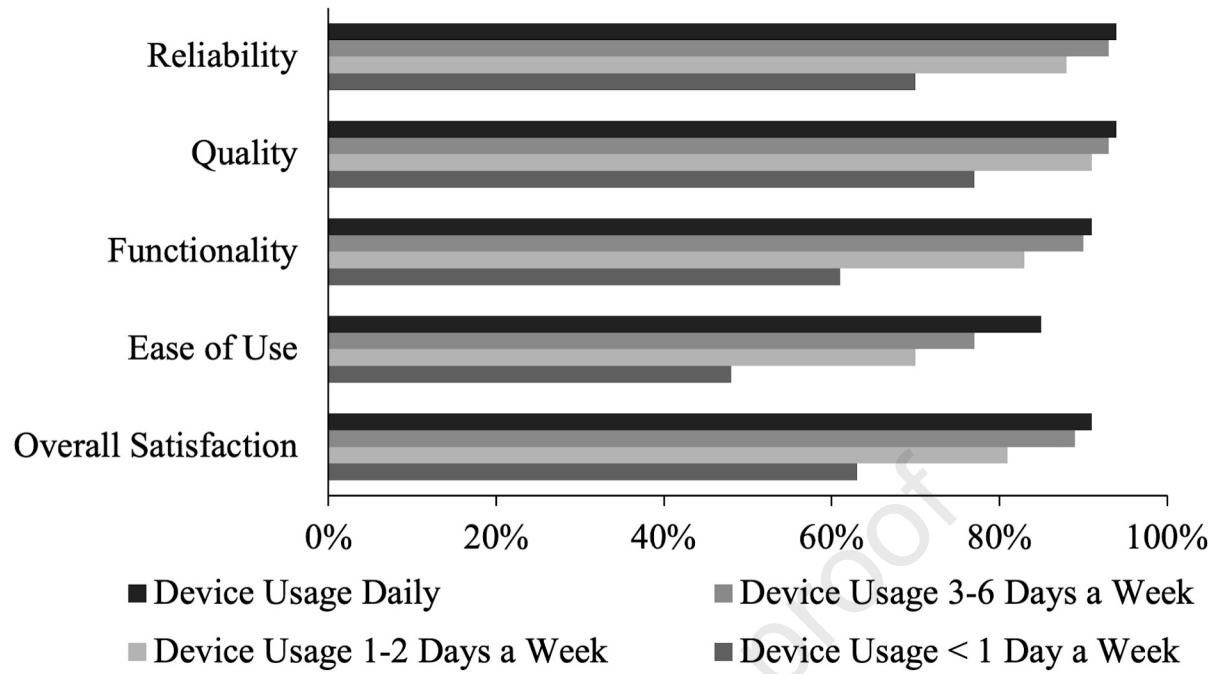
Table III

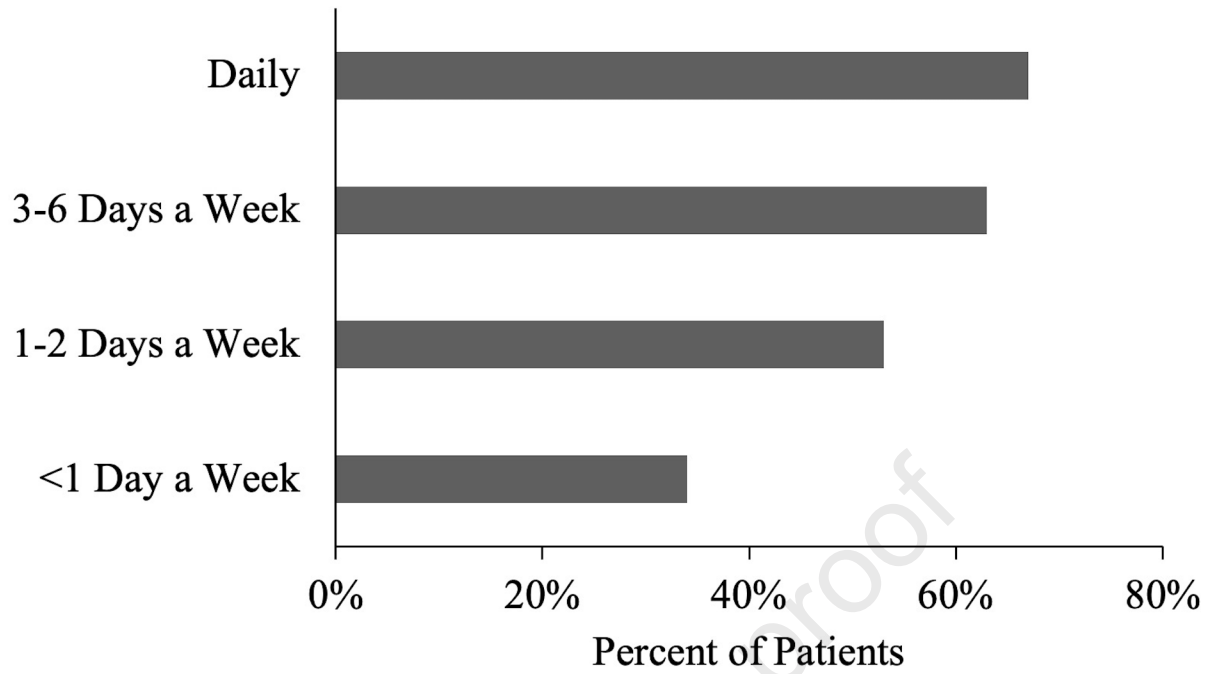
Patient-reported improvement in various lower extremity symptoms with pneumatic compression device therapy at the 45- day timepoint (n= 7552).

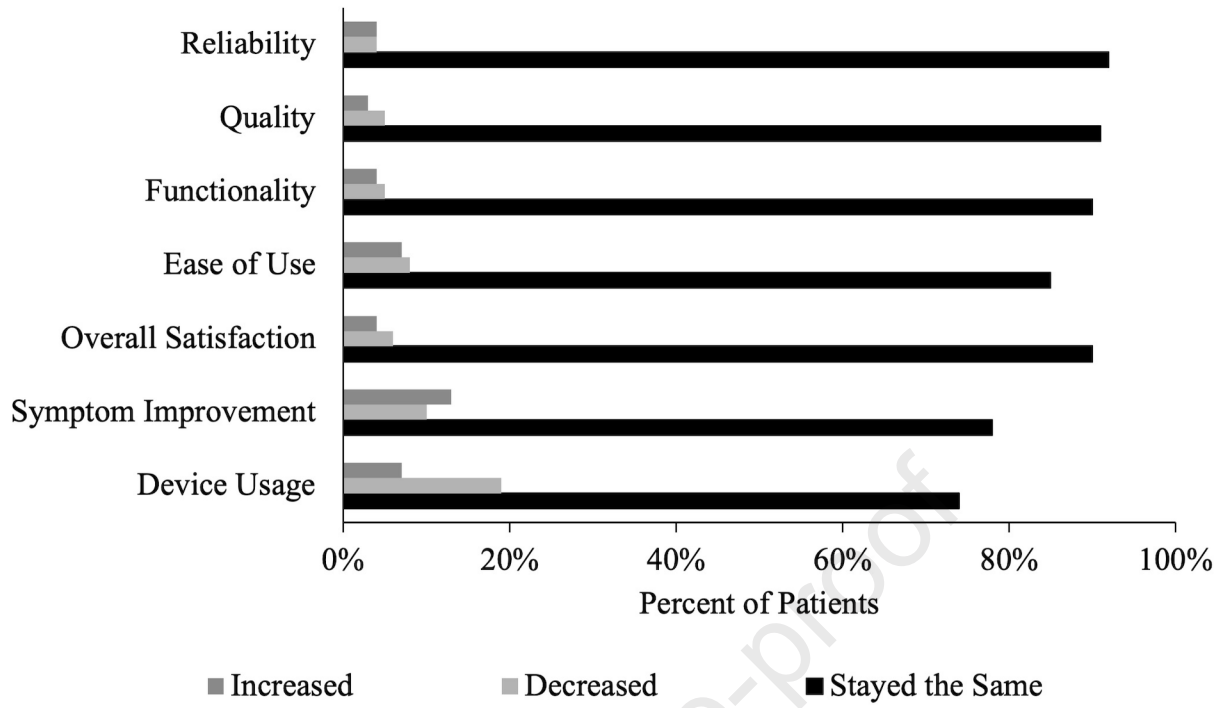
| Symptom                                     | Number of Patients (% [CI]) |
|---|-----------------------------|
| Ability to walk longer distances            | 1276 (16.9% [16.1, 17.8])   |
| Ability to stand for longer periods of time | 1450 (19.2% [18.3, 20.1])   |
| Self-image                                  | 715 (9.5% [8.8, 10.1])      |
| Less pain                                   | 1723 (22.8% [21.9, 23.8])   |
| Less heaviness                              | 2341 (31.0% [30.0, 32.1])   |
| Less swelling                               | 4019 (53.2% [52.1, 54.3])   |
| Sleep                                       | 655 (8.7, [8.1, 9.3])       |
| Compression garments are easier to put on   | 1374 (18.2% [17.3, 19.1])   |
| Fit of clothing/ jewelry                    | 568 (7.5% [6.9, 8.1])       |

[CI]= 95% Confidence Intervals (Wilson method)









### Figure 1

Flow diagram illustrating the process of survey dissemination to patients prescribed pneumatic compression devices, combined for both 45- and 90-day time points. The response rate of 30% was calculated as the number of survey responses /number of invitations delivered to unique patients. Number of survey responses was 10543, and the total number of invitations delivered over the 45- and 90-day time points were 64994 invitations to 35522 unique patients.

### Figure 2

Change in patient-reported satisfaction across various categories (reliability, quality, functionality, ease of use and overall satisfaction) with increase in frequency of device usage. Patient-reported satisfaction was measured to be Likert 4 and 5 combined ( $p < 0.0001$ ) at the 45-day timepoint (n= 7524 patients).

### Figure 3

Change in symptom improvement and/or overall ability to perform normal activities with increase in frequency of device usage. Patient-reported satisfaction was measured to be Likert 4 and 5 combined ( $p < 0.0001$ ) at the 45- day timepoint (n= 7430 patients).

### Figure 4

Comparing changes in patient-reported satisfaction across various categories (reliability, quality, functionality, ease of use and overall satisfaction), frequency of device usage, and symptom improvement and/or overall ability to perform normal activities between the 45-day and 90-day

time points (Satisfaction categories n= 3346 patients, Device usage n=3330 patients, Symptom Improvement n=3267 patients). Confidence intervals are 95% confidence intervals (Wilson's method).

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