

LES CLINICAL RESOURCE

Upper Limb Compression Selection Guide 2026

Compression options to support clinical decision-making



INTRODUCTION

This LES guide brings together curated information, tools, and resources to support clinicians working with people living with lymphoedema and related conditions.

Developed in alignment with current educational themes and areas of clinical need, it is designed to support clinical reasoning, compression selection, and informed decision-making in everyday practice.

The resources included reflect contributions from industry partners alongside evidence-informed practice considerations, supporting clinicians to compare options, consider clinical indications, and apply learning within their own clinical context.

USING THIS GUIDE

The Upper Limb Compression Selection Guide presents manufacturer-supplied listings of compression products commonly used in the management of upper limb lymphoedema and related conditions.

Each participating company has provided information on off-the-shelf and custom-made garments, organised under consistent clinical headings to support comparison across product ranges. Listings reflect the manufacturers' own product classifications and intended clinical use.

Product information is grouped to assist navigation across common clinical presentations, including:

- Circular and flat knit garments
- Flight compression garments for upper limb support
- Daytime and night-time compression options
- Garments designed for older adults or individuals with peripheral vascular disease
- Finger compression options

This guide is intended to support clinical reasoning and product exploration alongside comprehensive assessment and individualised care planning. Clinicians are encouraged to consider patient presentation, comorbidities, functional needs, and tolerance when selecting compression therapy.

Note: Some products may fit multiple categories; listings are grouped by primary function to support ease of navigation.

 Available as an off-the-shelf option

 Available as a custom made option

Company: Essity

Website: www.jobst.com.au

		Flight Compression	Mild Lymphoedema Circular Knit	Mild Lymphoedema Flat Knit	Moderate Lymphoedema Flat Knit	Severe Lymphoedema Flat Knit
Gauntlets and Gloves		---	---	---	---	---
		---	---	---	---	---
Sleeve		---	---	---	---	---
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Top 3 Fitter Tips	<ol style="list-style-type: none"> 1. ---- 2. ---- 3. ----
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 Available as an off-the-shelf option

 Available as a custom made option

Company: Essity

Website: www.jobst.com.au

		Garments for Elderly	Night-Time
Gauntlets and Gloves		---	---
		---	---
Sleeve		---	---
		---	---

Special Options - Customisable Features

		Fingers
Cut & Sew		---
		---
Flat Knit		---
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Contact Information



Available as an off-the-shelf option



Available as a custom made option

Company: Haddenham Healthcare Australia

Website: www.hadhealth.com.au

		Flight Compression	Mild Lymphoedema Circular Knit	Mild Lymphoedema Flat Knit	Moderate Lymphoedema Flat Knit	Severe Lymphoedema Flat Knit
Gauntlets and Gloves		STOCK Pertex Light – Class 1 Glove and Mitten, Microfine Glove – Class 2	STOCK Microfine Glove – Class 2	STOCK Pertex Light – Class 1 and 2 Glove and Mitten	STOCK Pertex – Class 2 Glove and Mitten MADE-TO-ORDER Pertex – Class 3 Glove and Mitten Goldpunkt – Class 2 and 3 Glove and Mitten	STOCK Pertex – Class 2 glove and Mitten MADE-TO-ORDER Pertex – Class 3 Glove and Mitten Goldpunkt – Class 2 and 3 Glove and Mitten
		Pertex Light – Class 1 Glove and Gauntlet / Mitten, Gauntlet / Mitten (no thumb) Star Cotton – Class 1 and 2 Gauntlet / Mitten (no thumb)	Venex - Class 1 and 2 Gauntlet / Mitten (no thumb) Star Cotton – Class 1 and 2 Gauntlet / Mitten (no thumb)	Pertex Light – Class 1 Glove and Gauntlet / Mitten, Gauntlet / Mitten (no thumb)	Pertex – Class 2 and 3 Glove and Gauntlet / Mitten Goldpunkt – Class 2 and 3 Glove and Gauntlet / Mitten	Pertex – Class 2 and 3 Glove and Gauntlet / Mitten Goldpunkt – Class 2 and 3 Glove and Gauntlet / Mitten
Sleeve		STOCK Pertex Light – Class 1 CG Sleeve MADE-TO-ORDER Venex Class 1 and 2 CG Sleeve	MADE-TO-ORDER Venex - Class 1 and 2 CG sleeve, sleeve with mitten Star Cotton – Class 1 and 2 CG sleeve, sleeve with mitten Doktus - Class 1&2 CG Sleeve, sleeve with mitten	STOCK Pertex Light – Class 1 CG Sleeve		
		Pertex Light – CLL1, CG sleeve, AG sleeve, sleeve with glove Venex CLL 1 & 2, CG sleeve, sleeve with mitten Star Cotton CCL1 & 2 sleeve, sleeve with mitten	Venex - Class 1 and 2 CG sleeve, sleeve with mitten Star Cotton – Class 1 and 2 CG sleeve, sleeve with mitten Doktus - Class 1&2 CG Sleeve, sleeve with mitten	Pertex Light – Class 1 CG sleeve, sleeve with mitten, sleeve with mitten (no thumb), sleeve with glove Pertex – Class 2	Pertex – Class 2 and 3 CG sleeve, sleeve with mitten, sleeve with mitten (no thumb), sleeve with glove Goldpunkt – Class 2 and 3	Pertex – Class 2 and 3 CG sleeve, sleeve with mitten, sleeve with mitten (no thumb), sleeve with glove Goldpunkt – Class 2 and 3

Top 3 Fitter Tips	<ol style="list-style-type: none"> 1. Measure with the arm relaxed and slightly flexed (30-40°) to reflect functional positioning. 2. If oedema extends proximally, consider silicone top band, shoulder strap, or bra attachment to prevent roll-down. 3. Prescribe two garments and replace every 6 months to maintain therapeutic compression.
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 Available as an off-the-shelf option

 Available as a custom made option

Company: Haddenham Healthcare Australia

Website: www.hadhealth.com.au

		Garments for Elderly	Night-Time
Gauntlets and Gloves		Pertex Light – Class 1 Glove and Gauntlet / Mitten, Microfine Glove – Class 2 Comfiwave – Class 1 Glove, Glove to Elbow	Comfiwave – Class 1 Glove, Glove to Elbow, Glove to Axilla
		Pertex Light – Class 1 Glove and Gauntlet / Mitten, Gauntlet / Mitten (no thumb) Star Cotton – Class 1 and 2 Gauntlet / Mitten (no thumb)	
Sleeve		Pertex Light – Class 1 CG Sleeve Venex Class 1 and 2 CG Sleeve	Comfiwave – Class 1 CG Sleeve, Sleeve with Mitten, Glove to Elbow, Glove to Axilla
		Pertex Light – Class 1 CG sleeve, sleeve with mitten, sleeve with mitten (no thumb), sleeve with glove Venex Class 1 and 2 CG sleeve, sleeve with mitten, sleeve with glove Star Cotton – Class 1 and 2	

Special Options – Customisable Features
<ul style="list-style-type: none"> • Pocket • Lining • Reinforced Elbow Zone • Should Cap with Velcro Bra Attachment • Shoulder Cap with Adjustable Strap • Velcro Straps , Velcro Fastening or Zipper • Silicone top Band or soft top option • Colour Selection

		Fingers
Cut & Sew		
		Haddenham Microfine Custom Finger Stalls
Flat Knit		
		Haddenham Flat Knit Custom Finger Stalls

Contact Information
Clinical enquiries: Clinical Team Email: Clinical@hadhealth.com.au Online Bookings: www.hadhealth.com.au/contact Sales enquiries: Sales Team Phone: +61 3 9544 5515 Email: sales@hadhealth.com.au



Available as an off-the-shelf option



Available as a custom made option

Company: Lohmann & Rauscher

Website: www.lohmann-rauscher.com.au

		Flight Compression	Mild Lymphoedema Circular Knit	Mild Lymphoedema Flat Knit	Moderate Lymphoedema Flat Knit	Severe Lymphoedema Flat Knit
Gauntlets and Gloves			ExoSoft - 20-30mmHg compression level. Available in black or beige in glove (QTR/ half/ full), gauntlet or armsleeve styles (with silicone top). Latex-free	ExoStrong - 20-30mmHg compression level. Available in black or beige in glove (QTR/ half/ full), gauntlet or armsleeve styles (with/ without silicone top). Latex-free	ExoStrong - 20-30mmHg compression level. Available in black or beige in glove (QTR/ half/ full), gauntlet or armsleeve styles (with/ without silicone top). Latex-free	
		VENOSAN Soft Flat Knit Ccl 1, extremely soft, beige or black, latex free, low stiffness		VENOSAN Soft Flat Knit Ccl. 1 or 2, extremely soft, beige or black, low- med. stiffness. Latex-free VENOSAN Flat Knit Pro Ccl.2, smooth & durable, beige or black, medium stiffness	VENOSAN Soft Flat Knit Ccl. 3, ext. soft, beige or black, low- medium stiffness.. Latex-free VENOSAN Flat Knit Pro Ccl.3, smooth & durable, beige/black, medium stiffness	
Sleeve		VENOSAN - 4000 Climate Ccl. 1 or 2. with Tactel	VENOSAN - 4000 Climate Ccl.2 & 7000 Natural Cotton Ccl.2 with Tactel ExoSoft - Compression garments available in black or beige in glove (QTR/ half/ full), gauntlet or armsleeve styles. Latex-free	ExoStrong - 20-30mmHg compression level. Available in black or beige in glove (QTR/ half/ full), gauntlet or armsleeve styles (with/ without silicone top). Latex-free	ExoStrong - 20-30mmHg compression level. Available in black or beige in glove (QTR/ half/ full), gauntlet or armsleeve styles (with/ without silicone top). Latex-free	
		VENOSAN - 4000 Climate Ccl. 1 or 2. with Tactel	VENOSAN - 4000 Climate Ccl.2 & 7000 Natural Cotton Ccl.2 with Tactel	VENOSAN Soft Flat Knit Ccl. 1 or 2, extremely soft, beige or black, low- medium stiffness. Latex-free VENOSAN Flat Knit Pro Ccl.2, smooth & durable, beige or black, medium stiffness	VENOSAN Soft Flat Knit Ccl. 2, extremely soft, beige or black, low- medium stiffness. Latex-free VENOSAN Flat Knit Pro Ccl.2, smooth & durable, beige or black, medium stiffness	

Top 3 Fitter Tips

1. It is recommended to measure the arm when it is in a relaxed position.
2. The length is measured on the outstretched arm.
3. For more information on measuring, donning /doffing, visit www.lranz.com/VENOSANPlaylist

 Available as an off-the-shelf option

 Available as a custom made option

Company: Lohmann & Rauscher

Website: www.lohmann-rauscher.com.au

		Garments for Elderly	Night-Time
Gauntlets and Gloves			
			
Sleeve		VENOSAN - 4000 Climate Ccl. 1 or 2. with Tactel, in Beige/Mexico	
		VENOSAN - 4000 Climate Ccl. 1 or 2. with Tactel, in Beige/Mexico	

Special Options - Customisable Features
Options include grip top or no grip top in 3 or 5cm, comfort elbow.

		Fingers
Cut & Sew		
		
Flat Knit		
		

Contact Information
<p>Lohmann & Rauscher Pty Ltd 321 Ferntree Gully Road, Mount Waverley, Victoria 3149, Australia Customer Service: 1300 572 869 VENOSAN custom made 2 week turn around</p>



Available as an off-the-shelf option



Available as a custom made option

Company: medi Australia

Website: www.mediaustralia.com.au

		Flight Compression	Mild Lymphoedema Circular Knit	Mild Lymphoedema Flat Knit	Moderate Lymphoedema Flat Knit	Severe Lymphoedema Flat Knit
Gauntlets and Gloves			Mediven Harmony seamless glove and gauntlet: 6 sizes, 2 colours, smooth, moderate stiffness material, UV protection, http://mediaustralia.au/products/mediven-harmony-seamless-glove-open-fingers	Mediven Esprit glove and gauntlet, CCL 1 and 2 5 sizes, caramel colour, https://www.mediaustralia.com.au/products/mediven-mondi-esprit/	Mediven Esprit glove and gauntlet, CCL 1 and 2 5 sizes, silicone top band, knitted top caramel colour, https://www.mediaustralia.com.au/products/mediven-mondi-esprit/	
				Mediven Esprit glove and gauntlet, seamless glove available. CCL1 and 2, several styles, 12 colours, 4 patterns,	Mediven Esprit glove and gauntlet, seamless glove available. CCL1 and 2, several styles, 12 colours, 4 patterns,	Mediven 550: very high wall stability, high working pressures, firm strong fabric CCL 1,2,3, Multiple styles, 12 colours https://www.mediaustralia.com.au/products/mediven-550-arm/
Sleeve			Mediven Harmony sleeve: 6 styles, 14 sizes, regular and extra wide, smooth, moderate stiffness material, UV protection, double ellipses at elbow for movement and comfort. www.mediaustralia.com.au/products/mediven-harmony/	Mediven Esprit sleeve C-G or A-G CCL1 or 2, 5 sizes, 4 styles, caramel, https://www.mediaustralia.com.au/products/mediven-mondi-esprit/	Mediven Esprit sleeve C-G or A-G CCL1 or 2, 5 sizes, 4 styles, caramel, https://www.mediaustralia.com.au/products/mediven-mondi-esprit/	
				Mediven Esprit Sleeve, CCL1 and 2, multiple styles, 12 colours, 4 patterns, crystal designs	Mediven Esprit Sleeve, CCL1 and 2, multiple styles, 12 colours, 4 patterns, crystal designs	Mediven 550 arm: very high wall stability, high working pressures, firm strong fabric CCL 1,2,3, Multiple styles, 12 colours https://www.mediaustralia.com.au/products/mediven-550-arm/

Top 3 Fitter Tips	<ol style="list-style-type: none"> 1. Mediven harmony is suitable for early intervention and with established lymphoedema, moderate wall stiffness supports the tissues and improves lymphatic transport. 2. Porous distal end of medi harmony and esprit garment graduates the pressure of the garment in the last 2 cm to reduce inducing hand swelling 3. medi butler arm assists donning especially with contralateral shoulder dysfunction, Brachial plexus neuropathy and hemiplegia
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 Available as an off-the-shelf option

 Available as a custom made option

Company: medi Australia

Website: www.mediaustralia.com.au

		Garments for Elderly	Night-Time
Gauntlets and Gloves			
			
Sleeve			
			

Special Options - Customisable Features
Made to measure have multiple options including flexure functional zone for comfort in the elbow region, liners, pockets, textured pads, zipper or velcro to ease donning and doffing, dupytrens contracture, webbed fingers, closed and open fingers,

		Fingers
Cut & Sew		
		
Flat Knit		
		

Contact Information
<p>Customer Services - (02) 9890 8696 or 1300 04 MEDI (6334)</p> <p>Catalina Escobar Llanos - 0477 447 751 (NSW & ACT) catalina@medi.au</p> <p>Jennifer (Jenny) Gilbert - 0477 034 655 (QLD,Vic,Tas,NT,SA,WA) jennifer@medi.au</p>



Available as an off-the-shelf option



Available as a custom made option

Company: OPC Health

Website: www.opchealth.com.au

		Flight Compression	Mild Lymphoedema Circular Knit	Mild Lymphoedema Flat Knit	Moderate Lymphoedema Flat Knit	Severe Lymphoedema Flat Knit
Gauntlets and Gloves		Juzo USA Soft Gauntlet – CL1; sizes S-XL; colour: black, beige; https://www.opchealth.com.au/juzo-soft-seamless-gauntlet-15-20mmhg Juzo USA Signature Series Gauntlet – CL1; sizes S-XL; 50 designs with matching sleeves https://www.opchealth.com.au/juzo-usa-upper-extremity-prints	TheraFirm Ease Lymphoedema Glove – CL2; sizes S-XL; black or sand, with silicone band Juzo USA Soft Gauntlet – CL2; sizes S-XL; colour: black, beige; Juzo USA Signature Series Gauntlet – CL2; sizes S-XL; 50 designs with matching sleeves	Juzo Classic Seamless Gauntlets and Gloves - thin 3D seamless flatknit, CL1; size 1-6; colours: almond, sesame, black https://www.opchealth.com.au/juzo-classic-seamless-gloves-cl1 https://www.opchealth.com.au/juzo-classic-seamless-gauntlet-cl1	Juzo Classic Seamless Gauntlets and Gloves – thin 3D flatknit, CL2; size 1-6; colours: almond, sesame, black Juzo Expert gloves and gauntlets– CL1,2; flatknit with seams; sizes 1-6; almond only Juzo Expert Seamless Gloves and Gauntlets – CL1,2; sizes 1-6; colour: almond, sesame, black	
					Juzo Expert gloves and gauntlets– CL1,2; flatknit with seams; 8 standard colours plus 6 trend colours; cotton and silver fabrics also available Juzo Expert Seamless Glove CL1 OPC Health	Juzo Expert gloves and gauntlets– CL2; flatknit with seams; 8 standard colours plus 6 trend colours; silver fabric also available Juzo Expert Seamless Glove CL1 OPC Health
Sleeve		Juzo USA Soft Signature Series Sleeve - CL1; sizes S-XL; 50 designs with matching gauntlets; balance microdot silicone band https://www.opchealth.com.au/juzo-usa-upper-extremity-prints	Juzo Dynamic Sleeve: CL1/2; sz 1–6 (max); 8 std colours; +/- silicone. Juzo Soft CG: CL2; sz 1–6 (max); 8 std + trend colours; +/- silicone. Juzo USA Soft Signature: CL2; sz S–XL; 50 designs + matching gauntlets. TheraFirm Ease: CL2; sz S–XL; black, sand; silicone.	Juzo Classic Seamless CG Sleeve – CL1,2; thin 3D seamless flatknit; sizes 1-6, max width available; colours: almond, sesame, black; balance microdot silicone band; also available all-in-one sleeve with glove or gauntlet https://www.opchealth.com.au/juzo-classic-seamless-sleeve-cl2		
		Juzo Soft CG sleeves – CL1; 8 standard colours plus trend colours; with or without silicone band https://www.opchealth.com.au/juzo-soft-arm-sleeve-cl1	Juzo Dynamic Sleeve – CL1,2; 8 standard colours; with or without silicone band https://www.opchealth.com.au/juzo-dynamic-arm-sleeve-cl2 Juzo Soft CG sleeves – CL2; 8 standard colours plus trend colours; with or without silicone band https://www.opchealth.com.au/juzo-soft-arm-sleeve-cl1		Juzo Expert Sleeve – CL1, 8 standard colours plus 6 trend colours; any design available, can attach glove to sleeve; cotton and silver fabric also available https://www.opchealth.com.au/juzo-expert-sleeve	Juzo Expert Sleeve – CL1, 8 standard colours plus 6 trend colours; any design available, can attach glove to sleeve; cotton and silver fabric also available Juzo Expert Strong Sleeve – CL1,2; standard colours plus 6 trend colours; any design available, can attach glove to sleeve; silver fabric also available

Top 3 Fitter Tips

1. Consider stay up solutions: check the shape of the clients arm – more often than not, a silicone band is advised to ensure the sleeve does not slip
2. When taking measurements: ensure the arm is relaxed by the clients side with elbow slightly bent (~30 degrees)
3. Replacement Schedule: Prescribe 2 sets of garments at one time so the client has one to wear and one to wash. Garments should be replaced every 6 months.

 Available as an off-the-shelf option

 Available as a custom made option

Company: OPC Health

Website: www.opchealth.com.au

		Garments for Elderly	Night-Time
Gauntlets and Gloves		<p>Juzo USA Soft Gauntlet – CL1,2; sizes S-XL; colour: black, beige; https://www.opchealth.com.au/juzo-soft-seamless-gauntlet-15-20mmhg</p> <p>Juzo Classic Seamless glove and gauntlet – thin seamless 3D flatknit; very comfortable; colours: almond, sesame, black https://www.opchealth.com.au/juzo-classic-seamless-gloves-cl1 https://www.opchealth.com.au/juzo-classic-seamless-gauntlet-cl1</p> <p>Juzo Expert Seamless Gloves and Gauntlets – CL1,2; sizes 1-6; colour: almond, sesame, black https://www.opchealth.com.au/juzo-expert-seamless-glove-cl2</p>	<p>Mobiderm Standard Glove – with 5mm Mobiderm blocks inside; sizes 1-6; beige https://www.opchealth.com.au/mobiderm-standard-glove</p> <p>Mobiderm Standard Gauntlet - with 5mm Mobiderm blocks inside; sizes 1-6; beige https://www.opchealth.com.au/mobiderm-standard-mitten</p>
			
Sleeve		<p>Juzo Soft CG sleeve – CL1,2; very soft fabric; sizes 1-6; easy to don; with or without silicone; 8 standard colours plus 6 trend colours; https://www.opchealth.com.au/juzo-soft-arm-sleeve-cl1</p>	<p>Mobiderm Standard Sleeve - with 15mm Mobiderm blocks inside; 10 sizes; beige https://www.opchealth.com.au/mobiderm-standard-armsleeve</p> <p>Mobiderm Autofit Sleeve with mitten - with 5&15mm Mobiderm blocks inside; 6 sizes, L&R; beige https://www.opchealth.com.au/mobiderm-autofit-sleeve</p> <p>Juzo Soft Compress sleeve with mitten - complex foam to aid lymph flow; size 1-6 plus universal size; 100% cotton outer; https://www.opchealth.com.au/juzo-soft-compress-bandage-aid-arm</p>
		<p>Juzo Soft CG sleeve – CL1,2; very soft fabric; easy to don; with or without silicone; 8 standard colours plus 6 trend colours; https://www.opchealth.com.au/juzo-soft-arm-sleeve-cl1</p>	<p>Juzo Soft Compress sleeve with mitten – complex foam to aid lymph flow; 100% cotton outer; https://www.opchealth.com.au/juzo-soft-compress-bandage-aid-arm</p> <p>Mobiderm Custom Sleeve or sleeve with mitten - with 15mm foam blocks, 3 designs available; beige; https://www.opchealth.com.au/mobiderm-armsleeve-with-mitten-with-thumb</p>

Special Options – Customisable Features
<p>Juzo Soft, Dynamic, Expert and Expert Strong can be custom made.</p> <p>Juzo Expert and Expert Strong can be custom made with many different features and designs.</p> <p>The most commonly used features include: silicone border (3.5cm or 5cm), balance silicone border (microdots), overheight at top of sleeve to extend higher on the lateral side, tricot lining at the elbow or in first web space, seam on the outer side of arm with elbow flexed (this feature achieves a better fit for larger arms).</p> <p>Please reach out to our team for further assistance with custom garment selection</p>

		Fingers
Cut & Sew		<p>Cotton Elastic Finger sleeve – 2 sizes, one length; pack of 6 https://www.opchealth.com.au/cotton-elastic-finger-sleeve</p> <p>Dema Finger Sleeves – sizes S-XXL, 2 lengths; trimmable; https://www.opchealth.com.au/dema-finger-sleeves</p>
		
Flat Knit		<p>Juzo Expert – CL1; almond; sizes 1-3; open tip – not on website, contact team for information</p>
		<p>Juzo Expert – CL1,2; open or closed tip; 8 standard colours plus 6 trend colours; silver and cotton fabrics also available – not on website, contact team for information</p>

Contact Information
<p>Off the Shelf Garments, Custom Jobst/Mobiderm and General Product Queries garments@opchealth.com.au 1300 672 937</p> <p>Custom Juzo - Jenny Sayle jsayle@opchealth.com.au 02 9319 1955</p> <p>Clinical Advice Natalie Hadley (Compression Product Manager) 0431 840 361 nhadley@opchealth.com.au Abagtha Sardar (VIC/TAS Compression Sales) 0431 177 262 asardar@opchealth.com.au</p>

Sponsors

Thank you to our industry partners for supporting the development of this LES resource and ongoing clinical learning. Inclusion does not imply endorsement. Clinicians are encouraged to apply professional judgement in all aspects of patient care.



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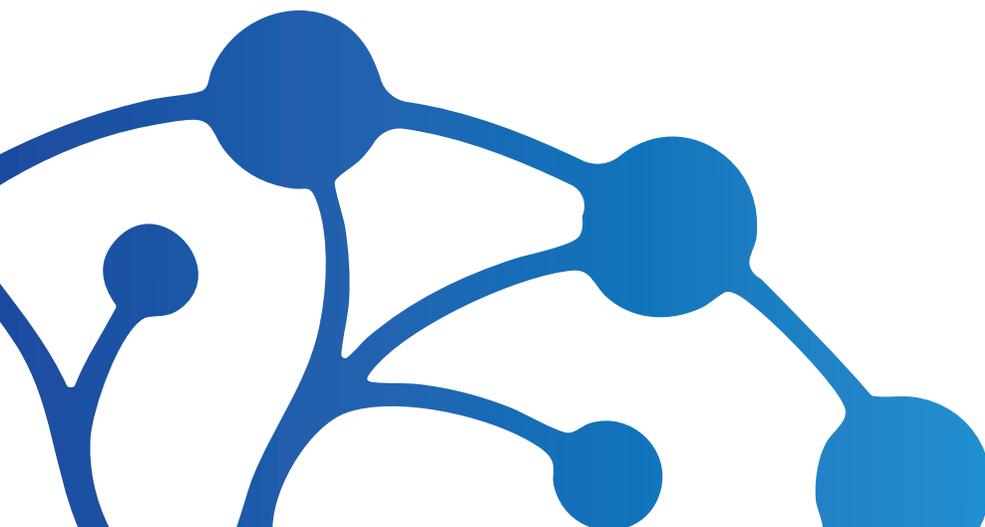
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