

Essity LL Case Study

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LOWER LIMB Lipoedema & Lymphoedema: Wound healing, decongestion, maintenance

Compri2 | Elvarex Soft | FarrowWrap

Patient History

Patient: 42 year old female tow truck dispatcher. Lives with partner.

RELEVANT CLINICAL HISTORY

Situation: Non-healing wound right posterior lower leg for > 1 year. 15-year history bilateral lipoedema with associated lymphoedema. Pitting oedema throughout lower legs excluding the feet. No history of treatment.

Hx: Presented to wound clinic 18 months prior with posterior lower leg wound from accidental toenail scratch from her partner whilst in bed.

Tx: Daily dressing changes, with 3 x weekly OP visits. Incumbent cohesive bandages were tried unsuccessfully, they slipped down & cut in.

ADLs: Struggling to walk & find clothes to wear.

Social: Strain in relationship due to necessity of partner to COD. Wound odour, pain on dressing changes. Time away from work – stress of having to get repeated time off work.

Goal: Priority was to reduce leg oedema to facilitate wound healing & improve QoL.



Decongestion Phase

JOBST® Compri2 stretch & roll technique applied to left leg to reduce oedema to support wound healing.



Note the left leg now significantly bigger, left leg bandaging commenced.



Before bandaging series commenced



Left leg: **8 weeks** post JOBST Compri2 bandaging series

Maintenance Phase

Photo: post-decongestion phase.

To maintain oedema reduction and healed ulcer, bilateral custom made Elvarex knee high garments were prescribed. However this fabric failed due to xxx.

Bilateral custom made Elvarex Soft knee high were prescribed with much success.



Maintenance Phase

Elvarex Soft was chosen for ease of donning and for her recently healed fragile wound site.

Patient was provided with day and night garments (both 40mmHg) as her legs would refill overnight without compression.

After 4 months of starting JOBST Compriz bandaging patient was discharged.

JOBST FarrowWrap legpieces were later added to offer additional support for those more challenging days.



Maintenance Phase

2 months post-discharge

The patient wears her wraps over her Elvarex Soft garments in the evenings after work when she has had a hard day. She says she loves the feel of the support they give.

The patient reports her FarrowWraps to be her 'new BEST friends' as they keep her legs at their best and keeps her away from the hospital. She notices a huge difference in her ability to mobilise.

The patient no longer needs to see the District Nurses, her wound has remained healed and her legs remain reduced. The discomfort and achiness in her legs have virtually resolved.

The patient is currently back on target to lose weight and is keen to start swimming.





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Breaking Barriers to Well-being