An invitation for people living with lymphoedema

We invite you to watch a short series of films as part of your treatment plan. Each film has been created by NHS healthcare professionals in the UK and people living with long term conditions to help you to understand and manage your health.

To watch these films please click at the links or type the web address below that applies to you into your PC, tablet or smart phone browser and click enter:

**Australia**
- Lymphoedema General: www.medic.video/aus-lymph
- Lymphoedema Education: www.medic.video/aus-lymph-edu
- LVA: www.medic.video/aus-lymph-lva
- Reducing the Risk: www.medic.video/aus-lymph-risk
- Children & Young People: www.medic.video/aus-lymph-young

Please ensure that you type the link into the address bar at the top of your browser – NOT the search box in the middle of the screen.

We hope you will find these films helpful and would love to know what you think. When you have watched all the film in the series please let us know by completing 4 very short questions on the survey link from the landing page.

If you have any difficulties accessing the films or have any comments, please email the team at patient@pocketmedic.org