JOBST® FarrowWrap®
Your guide to independently managing oedema with an Adjustable Compression Device.

Feel confident and in control of your Self-Care
Take control of your compression therapy

Living with a chronic condition means having to adapt your daily routine to suit new and sometimes complex needs, which can be challenging at times. In order to reach your health and wellbeing goals, it’s important to play an active role in your care and find tools that help you effectively manage your condition, while enabling you to continue living life at your own pace.

When it comes to managing swelling from lymphatic or venous diseases, bandaging and hosiery are considered the most effective treatment options. However, these can be difficult to independently manage for some people. Therefore, innovative solutions such as adjustable compression devices offer an alternative.

Wraps can be used in all stages of oedema management such as decongestion therapy to reduce limb volume and size, to stabilize fluctuations before moving onto compression garments and also in maintaining therapy results long-term, for those who have issues to apply and remove hosiery.

The benefits are all yours

Compression wraps let you take control of your own care and offer a range of benefits:

- Designed for easy application and removal
- Suitable for all oedema management stages
- Deliver therapeutic compression levels
- Can be worn discreetly under clothing
Unwrapping

Adjustable Compression Devices

Taking control of your health can be made easier with innovative solutions like adjustable compression devices. They may offer a great alternative to multi-layer bandaging or hosiery for those who find it challenging to apply or adjust on their own, or for those who simply prefer to have variety in their treatment options.

They are designed to be easy to use and discrete to wear under your clothing - which is perfect for those who want to continue living as normally as possible despite a change to their daily routines.

Who benefits from compression wraps?

When compression bandaging or hosiery is not suitable, wraps can provide a flexible treatment option for patients with:

- Swelling resulting from lymphoedema and venous oedema
- Venous leg ulcers
- Larger body sizes
- Physical limitations
  (eg, weak hand strength, back issues)

The technology that makes wraps work

Short-Stretch technology refers to the force in which a compression wrap gives on the limb. When you are active and moving, the fabric provides high working pressure and can help improve venous flow and encourage better lymphatic fluid drainage. When you're less active and relaxing, the low resting pressure helps ensure that your wrap remains comfortable and safe to wear.
The JOBST® FarrowWrap range of adjustable compression devices enables you to confidently care for your own needs and manage oedema with ease.

**BENEFITS**

**Easy Donning**
Easy-to-attach VELCRO® brand tabs support easy donning and doffing.

**Short-Stretch Technology**
Short-Stretch technology provides low resting and high working pressures to enhance lymphatic and venous return.

**Adjustable**
VELCRO® brand hook & loop system lets you respond better to fluctuating oedema. Simply tighten or loosen the wrap.

**Low Profile Design**
Discreet design is less bulky than multi-layer bandaging and can be worn under normal clothing.

JOBST FarrowWrap was engineered for easy application and can offer all the benefits of multi-layer bandaging, without the tricky application. The adjustable VELCRO® brand bands allow you to quickly, safely and confidently respond to fluctuating oedema levels throughout the day. Simply tighten or loosen the wrap as needed.

The bands have an overlapping design, which not only provides the support needed to control oedema but also helps reduce the risk of swelling forming between the bands.

Made with durable fabrics, they help to reduce limb swelling and maintain volume reductions, as well as promote healing of venous leg ulcers.
JOBST® FarrowWrap
For confidence with Compression

The JOBST FarrowWrap range of easy-to-apply compression wraps enables you to self-manage your oedema and empowers you with everyday confidence and comfort. Made from durable material, JOBST FarrowWrap is designed to provide the same strong support as multi-layer bandaging but in a simplified, intuitive design. It helps to reduce limb swelling and maintain volume reductions, as well as promote healing of venous leg ulcers.

For oedema of the arms, the JOBST FarrowWrap Arm Piece is available in LITE fabric. The built in inner sleeve makes putting it on easy.

For oedema effecting the lower limbs, the JOBST FarrowWrap leg pieces are available in a range of length types depending on your level of oedema, including: Classic, Lite, and Strong.

A recent clinical study on the performance and safety of JOBST FarrowWrap found that 85% of patients were able to easily adapt the wrap to suit their individual needs.1

73% of patients gave a positive assessment of JOBST FarrowWrap in terms of manageability, making it a suitable choice for managing the challenging issues associated with venous and lymphatic conditions.1

1 Observational Study JOBST® FarrowWrap® 2019, data on file

A style to suit every need:

JOBST FarrowWrap is available in a range of styles, fabrics, sizes and compression classes. Contact your fitter to discuss your individual needs and preferences.
Top Tips for compression self-care

**CHOOSE THE RIGHT SHOES**
Safe footwear is important to reduce the risk of falling and to help protect your garment from any unnecessary wear and tear. These days, it's easy to find footwear options that are made with flexible material that can comfortably and fashionably accommodate your foot garment.

**HOW TO WASH YOUR WRAP**
Before throwing your wrap into your washing machine*, fold the VELCRO® brand hook and loop fastener back on itself to avoid any sticky situations while washing. Following the provided care instructions will help ensure a longer life span for your wrap.

**WATCH WHAT YOU EAT**
Although no specific diet has been shown to be effective in chronic oedema management, following a healthy and balanced diet is generally recommended. Furthermore, obesity may worsen pre-existing lymphoedema.

**LOVE YOUR SKIN**
Keep your skin properly hydrated with emollient creams, as dry or cracked skin can increase the risk of developing infections such as cellulitis. It’s also important to ensure any wounds are thoroughly cleaned and covered with a suitable dressing before applying compression.

* JOBST FarrowWrap Classic must be handwashed
If you have any questions or want to know more about how JOBST products can support you, visit: www.jobst.com.au